



Renew Art Therapy  
and Counseling

# SOUL CARE FOR HELPING PROFESSIONALS

This bi-weekly in-person group offers a supportive space to reconnect with mind, body, and spirit through discussion and soul-care practices, helping restore balance, build resilience, and deepen connection to self and others.

## SOUL CARE FOR HELPING PROFESSIONALS

- Who: Helping professionals
- When: Wednesdays, bi-weekly from 9:30am - 11am, beginning May 27th (4 sessions total)
- Cost: \$35 per session
- Where: Renew's Community Room:  
3925 Blenheim Blvd Unit 52-B, Fairfax,  
VA 22030



LEARN MORE!  
JOIN US AT RENEW

+571-418-1714

[www.renewarttherapyandcounseling.com](http://www.renewarttherapyandcounseling.com)