

Change: Traumatic or Transformative

No one likes change.

**Change scares us and at times traumatizes.
Yet change is God's gift of renewal and rebirth.**

**When viewed through scripture, change is
transformative and life giving.**

**EAPCE's 2025 Annual Spring Event explores
resources and strategies supporting
transformative change for individuals and
communities of faith.**



May 5-7, 2025

**Claggett Center
3035 Buckeystown Road
Adamstown, MD 21710**



Speaking of Change... We've changed venues!

We've moved our spring event to the Claggett Conference and Retreat Center, an Episcopal ministry, nestled in the beautiful Monocacy River Valley in Frederick County, Maryland.

The Claggett Center:
<https://www.claggettcenter.org/>



Our Keynote Speaker

Reverend Dr. Nancy
Meehan Yao

Rev. Dr. Nancy Meehan Yao serves as Associate General Presbyter with and for Shenandoah Presbytery, located in central Virginia and parts of West Virginia. A graduate of Columbia Theological Seminary (M.Div.) and Colgate Rochester Crozer Divinity School (D. Min.), she has served as co-pastor (with her husband, Rev. Jim Yao), and as temporary supply and interim pastor to churches in the Finger Lakes region of New York State. A former Early Childhood Educator and Head Start teacher, Nancy is fascinated with the ways faith formation, educational practices and change theory intersect, all to build communities of transformative faith and resilience. She is the author of Scripture and Adaptive Change, a Bible study for use in congregations. It is available anywhere books are sold.

Her husband Jim serves as pastor to Moorefield Presbyterian Church, in Moorefield, WV, where they live. They have two adult sons, and like to travel in their vacation time.

**Tuesday Afternoon Workshops:
1:00 PM - 2:15 PM**

**Workshop #1: Enneagram Conflict Styles
in Times of Change**

led by Reverend Martha Spong, an ordained United Church of Christ pastor, ICF Professional Certified Coach (PCC), and an iEQ9 Accredited Enneagram Practitioner; she coaches clergy as well as church and denominational leaders in her private practice and with NEXT Church.



Using the Enneagram of Personality, we will explore the ways individuals may respond to the conflicts and challenges that are part of change. The nine core types described by the Enneagram react differently to feeling things are beyond their control. Each have something to offer within a faith community; when we understand and can draw on all three conflict styles, we become more adaptive and resilient. The workshop will include a brief introduction to the nine types, then a deeper dive into conflict styles, and an opportunity for self-evaluation.

Workshop #2: LIFT Experience

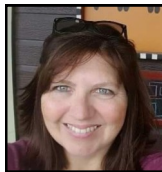
led by Liz Perraud who has served GenOn Ministries as a Regional Church Advisor (2004-2013) and since 2013 as Executive Director. She also brings over 35 years of volunteer experience leading in Christian education in the local church.



Participants will explore and experience an approach to bringing generations together around the table as a new way of doing Bible study for Sunday school or any time with people of all ages. Designed for two or more generations, but not necessarily all! LIFT (Living In Faith Together) is a flexible model created by GenOn Ministries with four components (breaking bread, studying God's Word, playing, and praying) connected by a common theme. In our time together, there will be a brief overview of intergenerational ministry and then we'll experience one LIFT session.

**Workshop #3: Transformation Leadership and Teaching:
Setting the Table for Transformation**

Kat is the Director of Children's Ministry at Woods Church in Severna Park, MD. She has served in all areas of formation and with churches from 2 to 4000 members.

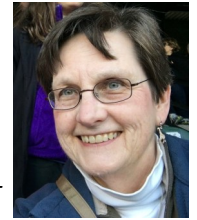


Colleagues will learn about trauma informed leadership and teaching to help keep people engaged and available while in the learning zone. Discuss how to adapt or develop current programs for today's church members and leaders using the TEACH method. Kat is certified to teach Trauma Informed Teaching and Leadership through Breathe4Change. Spiritual practices, mindfulness practices, and social emotional learning are all part of engaging the post-covid congregation. Bring a curriculum or idea you have wanted to "re-imagine" or re-launch. Groups will learn protocols and best practices for holding trauma informed space.

**Tuesday Evening Workshops:
6:45-8:00 PM**

**Workshop #4: Ministry with People with
Dementia**

led by Dorothy Linthicum who was drawn to the spiritual and theological dimensions of dementia when both her parents had Alzheimer's Disease. Her book, Redeeming Dementia: Spirituality, Theology, Science (Church Publishing), written with co-author Janice Hicks, was published in November 2018. Earlier this year, she was presented an award for Lifelong Christian Formation Leadership by Forma, a group of formation leaders in the Episcopal Church. Together we will explore the topic of dementia, emphasizing the importance of the self, which is never destroyed despite the severity of a disease or its symptoms. By talking about dementia, we can ease fears, provide a better theological understanding, while embracing our vulnerability. Brené Brown, researcher and speaker, recently wrote, "Vulnerability is the birthplace of love, belonging, joy, courage, and creativity. It is the source of hope, empathy, accountability, and authenticity."



**Workshop #5: The Color of Compromise in Racial Equity
Ministry**

led by Cathay Snyder, Christian Education Director at Mechanicsburg Presbyterian Church, Mechanicsburg, PA



How should Christians understand our relationship to racism in an everchanging American society? First, we must do so through the lens of a history that has either been ignored, misunderstood, or never learned. Historian Jemar Tisby's *The Color of Compromise: The Truth about the American Church's Complicity in Racism* is an accessible and thoughtful guide through American history and the Church's response to slavery and racial issues stemming from it. A good starting point for discussion. Workshop participants will be given an overview of Tisby's work and explore the various ways in which to utilize it within their faith community and racial equity ministry.

Workshop #6: Opening Doors to Discipleship

led by Priscilla Andre-Colton, a retired Certified Christian Educator from Alexandria, VA. She has served churches in Florida, North Carolina, Pennsylvania and Virginia. She was also one of the writers for Follow Me curriculum and Opening Doors content.



Opening Doors to Discipleship began as an ecumenical partnership between five Reformed denominations that developed a training and learning website for church leaders. In 2019, the Association of Partners in Christian Education took on updating and redesigning it. This workshop will be time spent exploring all that Opening Doors to Discipleship has to offer. Bring your laptop.

Event Schedule

Monday	May 5	
1:00 pm	Registration and Check-In	
3:00-5:00 pm	Welcome Party	
5:30 pm	Dinner	
7:00-7:45 pm	Opening Worship	Ken Page
7:45-8:30 pm	Plenary #1	Nancy Meehan Yao
8:45 pm	EAPCE Community Project	
Tuesday	May 6	
7:15 am	Morning Prayer in the Silo	
8:00 am	Breakfast	
9:30 am	Group Building Drum Circle	
10:00 am	Plenary #2	Nancy Meehan Yao
11:00 am	Conversation: Structure Response & Protocol	Nancy Meehan Yao
12:00 pm	Lunch	
1:00-2:15 pm	Workshop #1	
	#1 Enneagram Conflict Styles in Times of Change	Martha Spong
	#2 LIFT Experience	Liz Perraud
	#3 Transformation Leadership and Teaching: Setting the Table for Transformation	Kat Green
3:00 pm	Books with Byron/Spiritual Reflection	
5:30-6:30 pm	Dinner	
6:45-8:00 pm	Workshop #2	
	#4 Ministry with People with Dementia	Dorothy Linthicum
	#5 The Color of Compromise in Racial Equity Ministry	Cathay Snyder
	#6 Opening the Doors to Discipleship	Priscilla Andre-Colton
8:15 pm	Business Meeting—Dessert Bar	
9:00 pm	Vespers	Ken Page
Wednesday	May 7	
7:15 am	Liturgical Yoga	
8:00 am	Breakfast	
9:15 am	Plenary #3	Nancy Meehan Yao
10:30 am	Closing Worship with Communion	Ken Page



Enjoy the beautiful 268 acre Claggett Center campus during your stay with a Prayer Walk. Resources will be available during the event to guide you.

Electronic Event Registration

Deadline: April 8, 2025

<https://tinyurl.com/eapce2025-registration>

Scan with your camera



Scholarships are Available!

Deadline: March 10, 2025

<https://tinyurl.com/eapce2025-scholarship>

Scan with your camera



Join us as we recognize Retired Saint and Educator of the Year Honorees for 2025

EAPCE SPRING EVENT 2025 REGISTRATION

Name (as desired on your nametag) _____

Address/City/State/Zip _____

Cell _____

Email _____

Church/Position _____

APCE Member? Yes _____ No _____

First time attendee? Yes _____

Are there any dietary or special needs? _____

WORKSHOP CHOICES: (circle one for each time slot)

1:00 PM #1 / #2 / #3 6:45 PM #4 / #5 / #6

Conference Fees:

(Includes Conference, Plenaries, Workshops, 2 nights lodging, 5 meals and snacks):

Double Room(\$425) _____

Single Room (\$490) _____

Commuter.....\$170 3 day (meals included) _____

.....\$125 1 day (meals included) _____

Add \$40 for non-APCE members _____

Conference Fee Total _____

Roommate Preference _____

May EAPCE use your image in publicity? Y or N?

May EACPE share your name & email with other attendees? Y or N?

Cancellations: Cancellations can be honored only if made 10+ days before the event.

Please complete and mail registration with check payable to APCE Eastern Region to:

Virginia Callegary, EAPCE President
1007 Arran Rd.
Idlewylde, MD 21239

Deadline to Register: April 8, 2025

Questions: easternapce@gmail.com