

*“Then the Lord said to Moses, ‘I am going to come to you in a dense cloud, in order that the people may hear when I speak with you and so trust you ever after.’”*  
- Exodus 19:9



Greetings People,

Many of us received the message from our GP, Rev. John Molina-Moore, about the benefit of being in the ‘dense cloud’. The benefits are needing to stay with one another, sitting in the denseness in discernment, and listening to God with one another. I was listening to this sermon and was so happy to hear this is another way to live into slowing down from being a 120 mph Presbytery and shifting down to say, 70 mph. A dense cloud still moves, but maybe with more weight! Maybe with deeper or “higher” spirituality from our listening.

Our ‘dense cloud’ with one another is about listening to our faith stories together. As we speak and ask deeper questions that we may be too cautious to share. Here is a primer:

- What keeps me returning to this particular faith community or congregation?
- How is my faith being nurtured? Or how am I being spiritually fed with my congregation?
- What would I like to be with or about in a deeper way with my congregation?
- Therefore, what can I pause in order to have space for this deeper growth?
- Therefore, what can we as a congregation to slow down or pause in order to have deeper experiences with our God?
- Where can we sit, walk, and listen in order to be in a dense cloud (with God) with one another, together?

God is the dense cloud! Sometimes we need to hang deeply with one another with a focused pace. Think of it as the Clarity Circle practiced out of the Quaker Tradition. When we sit with our covenanted groups (fellow church members) we have to listen together. We have to listen to our assumptions that are based in isolation of maybe what is really going on. Listen to where the gap of relational knowledge is and have that be the next question.

My office is here to support and coordinate DENSE CLOUD LISTENING with one another. We will make sure you have some real time data to support your listening and deepen our group’s understandings with our assumptions. Monday, June 24th is the third in the series on “What to do with your CAT: Spiritual Vitality!” Join us in the Dense Cloud of God!

Peace and Courage,

Rev. Tara Spuhler McCabe