

# THURSDAY MAILING



National Capital  
P R E S B Y T E R Y  
MISSIONAL · PASTORAL · PROPHETIC

*February 16, 2023*



**In this edition . . . .**

**Announcements**

***From the desk of TDir. For Congregational Dev. & Mission***

*Tara Spuhler McCabe*

***The Fair Play Method***

*Free Workshop – Rev. Casey Wait, Facilitator*

*February 21 – John Calvin Presbyterian Church*

***Tenets for Today: Making Our Faith Alive with John Molina-Moore***

*Conformation Retreat Sponsored by the Reformed Institute of Metropolitans Washington  
& National Capital Presbytery*

*February 24-26, 2023 – Bishop Claggett Center*

***Crooked Steeple Literary Festival – Reading and Reception***

*“The Year of the Horses: A memoir”, by Courtney Maum*

*February 25 – Falls Church Presbyterian Church*

***Lenten Bible Study*** – (Link to join is posted)

*Led by Lay Leaders of National Capital Presbytery*

*(Monday’s) February 27 – April 3 – Zoom*

***NCP GATHERING*** – registration open

*“Stewardship through Storytelling” with Robyn Davis Sekula  
hosted by the Stewardship Committee of NCP*

*April 20 – Saint Mark Presbyterian Church*

## **Announcements:**

### **National Capital Presbytery...**

*and John Calvin Presbyterian Church, Annandale, Virginia, invite you to the **Installation service of the Rev. Casey Wait, Pastor** on February 19, 2023, at 10:00 a.m.*

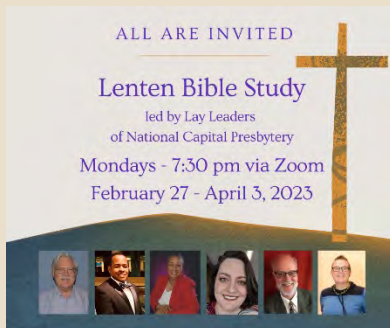
*and Kirkwood Presbyterian Church, Springfield, Virginia, invite you to the **Ordination service of Elder Patricia Futato**, on February 26, 2023, at 4:00 p.m.*

*and Potomac Presbyterian Church, Potomac, Maryland, invite you to the **Ordination service of Elder Christopher McAuliffe** on February 26, 2023, at 4:00 p.m.*

*and Georgetown Presbyterian Church, Washington, DC, invite you to the **Installation service of the Rev. Meghan Brown, Associate Pastor** on March 5, 2023, at 3:00 p.m.*

*and Trinity Presbyterian Church, Herndon, Virginia, invite you to the **Installation service of the Rev. MaryAnn McKibben Dana, Associate Pastor** on March 12, 2023, at 3:00 p.m.*

*and United Korean Presbyterian Church, Bethesda, Maryland, invite you to the **Installation service of the Rev. Taekhan Yoon, Pastor** on April 16, 2023, at 4:00 p.m.*



**Mark your Calendars!** – We have lay leaders from Lewinsville, Fifteenth Street, Church of the Redeemer, St. Andrew, Georgetown and Oaklands, Presbyterian Churches!

Greetings People,

Have I rolled into your discussion yet? I was given this rolling 'office' to assist OUR ministry in tooling and resourcing our congregations! What would you find in the rolling office? Great Question!



- A recent **Church Assessment Tool (CAT)**: like when we met with the session of Good Samaritan Presbyterian Church to discuss their strengths and growth into Hospitality!
- How to cultivate **Listening Sessions** within your congregation as Capitol Hill Presbyterian is deepening their Vision Team from their CAT. Which might include sticky notes as they cultivate questions.
- A **Sermon Notebook** as I rolled up to Grace Presbyterian Church in Lanham, MD that reflected growth in the journey to call a Pastor.
- A cute little read booklet, **About Being Presbyterian**, that we use with Fellowships in our Presbytery who are currently discerning becoming nesting Ministry Partners or Chartered Churches! As we are doing with Maryland Indonesian Church and Brazilian Bible Church.
- **Spiritual Leadership Seminar** inside and outside of our churches for Elders and Deacons from the Leadership Training event at Westminster DC. Over 100 of you attended! Amazing! Which includes a Book of Order and even the Roberts Rules of Order to PLAY with!
- A Bible and training practices as we prepare for a **Community Engagement** exercise just done with Northwood Pres and upcoming with St. Andrews. What do we see and how can we meet new people?
- Flyers highlighting the laity led **Lenten Bible Study (online)** for Mondays during Lent.
- NCP blank Nametags that we use with the **Black Presbyterians United joint Confirmation Classes** once a month as we gather at different churches through the DMV.
- **Generative Budgeting** as the Mission Coordinating Committee met this past weekend at Day Spring. Focused discussion around the money MCC are stewards of for witness and missional engagement of our congregations. Which included this amazing portable DUAL wipe board and post-it pads as we capture what we see and hear!!!!

Also inside this rolling office are markers, pens, little candles, and who knows what will be added...I look forward to seeing what you will add to our *Congregational Development and Mission Rolling Office!*

These are some of the tools supporting our congregations, the CDC and MCC committees, and my work to connect and strengthen your ministry for Impact and Growth as the Body of Jesus Christ!

Peace and Courage,

Rev. Tara Spuhler McCabe

# The **FAIR PLAY** Method

**Tired, stressed, and in need of more help from your partner or in your home? Imagine running your household (and life!) in a new way that improved your mental and overall health and wellbeing...**



New York Times Best Seller



TIME

FASTCOMPANY

World Changing Ideas Awards

From Eve Rodsky, author of *Fair Play*, a New York Times Best-Seller and Reese's Book Club pick, comes *The Fair Play Method*—a time- and anxiety-saving system that offers a completely new way to divvy up domestic responsibilities. Rodsky interviewed more than five hundred people from all walks of life to figure out what the invisible work in a family actually entails, how to get it all done efficiently and why **our homes are our most important organization when thinking about new work-life strategies**. With 4 easy-to-follow rules, 100 household cards, and a series of conversation starters for you and your family/roommate, *Fair Play* helps you prioritize what's important to your family and who should take the lead on every chore, from laundry to homework to dinner.

## OUTCOMES OF USING THE SYSTEM

- Mental space
- Accountability
- Trust
- Transparency
- Unicorn Space
- Time!

## Free Workshop: February 21, 7-8PM

John Calvin Presbyterian Church  
6531 Columbia Pike, Annandale, VA 22003

## SPACE IS LIMITED

Sign up by February 18 to secure your seat!  
Learn more at [www.johncalvinpres.org](http://www.johncalvinpres.org)

## WHAT TO EXPECT

- Deeper dive into *Fair Play* core concepts and how they relate to **your mental health, wellbeing and productivity**
- Understanding resistance and common misconceptions & mistakes
- Access to a new vocabulary that can shift the way you think & talk about domestic life
- The ability to get started on your own at home with an invitation to dive deeper with Rev. Casey Wait moving forward.

"I am thrilled to lead this introductory workshop on the *Fair Play Method*. There is a great gap between the ideals many of us have about relationship equity and the reality of our relationships. We simply have not had the tools to make the changes needed. With *Fair Play*, Eve Rodsky has given us a place to begin. My great hope is that one household at a time we can build more equitable relationships and a more equitable world." Rev. Casey Wait



**Confirmation Retreat  
Sponsored by the  
Reformed Institute and  
the National Capital  
Presbytery**

**February 24-26, 2023**

**“Tenets for Today:  
Making our Faith Alive”  
with John Molina-Moore**

*Grow in your faith and share in fellowship*



In our beautiful Reformed history and tradition, we talk a lot about “the church reformed and always being reformed by the Word of God.” But what does that new form of being a Christian look like? Over this weekend retreat we will examine the foundations of our beliefs and begin the work of crafting a unique faith that works for our lives today. Participants will hear presentations, discuss their faith and questions with each other, and share experiences that strengthen their lives.

Rev. John Molina-Moore is the General Presbyter of National Capital Presbytery, serving 103 PCUSA congregations in the greater Washington DC area. John graduated from Sterling College in 2005, completed his Master of Divinity at Princeton Theological Seminary in 2011, where he won the “The Gerald R. Johnson Award in Speech Communication in Ministry.” for his bold speaking ability. In 2017, John completed a Certificate in Advanced Executive Leadership for Ministers from Howard University. He lives in Silver Spring, MD with his wife and two sons. John has a passion for mountain biking, all that is active, and is a self-proclaimed hip hop connoisseur.

Cost is: \$175 per person. Adult leaders of Reformed Institute member congregations pay \$150 per person. Some scholarships available for youth.

Make reservations for your confirmation class with the online form at <https://reformedinstitute.org/event/confirmation-retreat-2023/> or with Yvonne McKinney at [ymckinney@reformedinstitute.org](mailto:ymckinney@reformedinstitute.org). For more information contact Mary Hill at [crpowell@verizon.net](mailto:crpowell@verizon.net).

**REFORMED INSTITUTE MEMBER CHURCHES:**

**DARNESTOWN  
FIRST (ARLINGTON)  
HERITAGE**

**IMMANUEL  
LEWINSVILLE  
NATIONAL**

**OLD PRESBYTERIAN MEETING HOUSE  
POTOMAC  
THE ROCK  
WESTMINSTER**

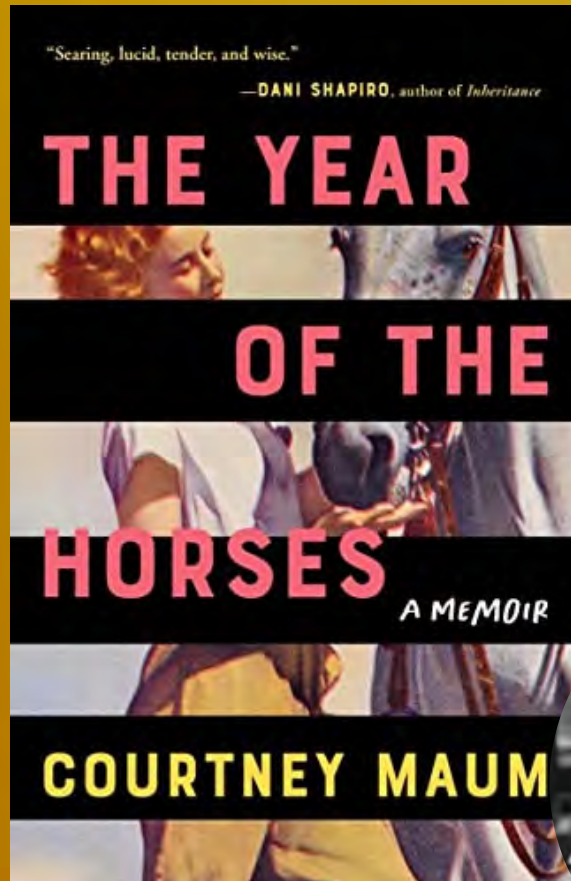


FALLS CHURCH PRESBYTERIAN CHURCH WELCOMES



# CROOKED STEEPLE

## Literary Festival



COURTNEY MAUM  
FEB. 25

2PM | READING & RECEPTION

FREE EVENT | 225 E. BROAD STREET, FALLS CHURCH, VA  
\$15 SUGGESTED DONATION

PRE-REGISTER TO ATTEND AT [MAUM.EVENTBRITE.COM](http://MAUM.EVENTBRITE.COM)

ALL ARE INVITED

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# Lenten Bible Study

led by Lay Leaders  
of National Capital Presbytery

Mondays – 7:30 pm via Zoom

Zoom link here: <https://thepresbytery.org/ncp-events/>

February 27 – April 3, 2023



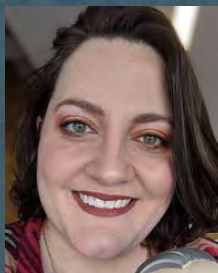
Elder Rob Hunter  
Lewinsville



Elder Darrell Whiting  
Fifteenth Street



Elder Jochebed Jordan  
Redeemer



Elder Lisa Massey  
St. Andrew



Elder Alan Wisdom  
Georgetown



Elder Jesy Littlejohn  
Oaklands



National Capital Presbytery

# The Gathering

## "Stewardship through Storytelling"

hosted by NCP Stewardship Committee



***Stories that Motivate Stewardship*** -What makes us want to support our church?

The heart of our commitment to a cause or congregation that we love is an incredible story of why we've chosen that church for our commitment. It's a call by God to share our blessings - and our job is to help our congregation hear that call.

In this interactive workshop, we'll talk about our own stories and how they changed our hearts and lives, as well as identify the stories out in your congregation. We'll show you how to find those stories, where and when to tell them, and how to set your next stewardship campaign up for success.

Our presenter for the day, ***Robyn Davis Sekula, Vice President of Communications and Marketing, at the Presbyterian Foundation.***

***Be prepared to share your stories and work in small groups.***

***Lunch will be provided***

**April 20, 2023**

**10:30 AM to 2:30 PM**

**Saint Mark Presbyterian Church**

**Open to All**

**Register Here**