

THURSDAY MAILING



National Capital
PRESBYTERY
MISSIONAL • PASTORAL • PROPHETIC

February 6, 2019



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Book Talk on Henry G. Brinton's "City of Peace"

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We're Having an Office OPEN HOUSE

Light refreshments – RSVP required
March 18 – NCP Offices – Rockville, MD

Congregational Assessment Tool (CAT) Training with Holy Cow Consultants

sponsored by Church Development Commission (CDC)
March 23-24 – National Presbyterian Church

Does Your Social Media Need Help?

Hands-on Open Space with Jess Fisher

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March 24 – National Presbyterian Church (registration required)

Fairfax County Community Chaplain

training for faith leaders and chaplains

March 23 & 24 – Fairfax, VA

39th Anniversary of the Sargent Gospel-Airs

“Through the Fire”

April 4 – Sargent Memorial Presbyterian Church

Presbyterian Older Adult Ministries Network (POAMN)

“Stronger Together: Faith In Action Across Generations”

April 30 – May 1 – Montreat Conference Center, Montreat, NC

Israel and Palestine Pilgrimage and Study Tour

led by pastors Ben Trawick and Susan Wilder

October 9-19, 2020

Pastoral Concerns

It is with great sorrow that I inform you that Betty Golemon, mother of our **Transitional Executive Director, Rev. Larry Golemon**, passed away peacefully in Texas. Please join us in offering prayers that her soul is at rest, and for comfort and condolences to Larry and his family. More information will be shared as arrangements are finalized.

We report the death of the **Rev. Frank C. Goodlake, HR**, January 2020.

Memorial Service for the **Reverend Diane Olsen Hutchins, HR, former NCP Moderator (2014)** is Saturday, February 15, 1:00 p.m. at Providence Presbyterian Church, 9019 Little River Turnpike, Fairfax, VA. There will be a reception immediately following the service in the fellowship hall. In lieu of flowers, the family requests that donations be made to the Presbyterian Disaster Relief fund. (<https://pda.pcusa.org/>) The family would appreciate and welcome your stories, please send them to Sara Hutchins Holland, sara@npcsatx.org.

The Rev. Robert B. Woodworth, HR - served Covenant Presbyterian Church in Woodbridge VA (1967-1992)
The Rev. Robert Bell (Bob) Woodworth, 96, of Harrisonburg, died January 28 after a long life of joyful service. He served pastorates in Moon Run PA, Moorefield WV, and Woodbridge VA. He also served as a Trustee at Davis & Elkins College (WV) and at Sunnyside Retirement Community. He was a member of Shenandoah Presbytery at the time of his death. Rev. Woodworth is survived by daughters Ellen Woodworth (Thom Witting) and Alice W. Campbell (Gardner), and grandchildren Ian Woodworth Campbell and Genevieve Joy Campbell. Interment will be at Quantico National Cemetery on Friday, February 28 at 11:00 a.m. A memorial service will be celebrated on Saturday, February 29 at 11:00 a.m. in Meredith Chapel, Sunnyside Retirement Community in Harrisonburg VA. In lieu of flowers, please consider a gift to the Sunnyside Communities Fund.

NCP OFFICES MOVED! Our address is 11300 Rockville Pike, Suite 408, Rockville, MD 20852

ANNOUNCEMENTS

National Capital Presbytery and Clarendon Presbyterian Church invite you to the **Ordination Service of Blair Moorhead** as Minister of the Word and Sacrament, Sunday, February 23, at 4:00 p.m., Clarendon Presbyterian Church, 1305 N Jackson Street, Arlington, VA (the color of the day is Red) Reception will follow.

Minister Members of National Capital Presbytery: Please complete the **Annual Salary Report** form if you haven't already sent it in. Reports should be submitted by February 28. Any terms of call that are part of another report or contract approved since October 1, 2019 does not need to be submitted using this form. **CHECK YOUR EMAIL, forms will be resent later this week. If you have not received a form, contact comadmin@thepresbytery.org.**

As of today, over 60% of NCP churches have submitted their **2019 Statistical Report** to the Office of General Assembly. For NCP to meet its goal of 100%, the **deadline for submission is extended to February 18**. If you have questions or need assistance, please contact Jan Moody, Assistant to the Stated Clerk, jmoody@thepresbytery.org.

Travel to Israel and Palestine on a pilgrimage and study tour, October 9-19, 2020. Join others from National Capital Presbytery for this trip, led by Rev. Dr. Ben Trawick, pastor at Grace, Springfield, and Rev. Susan Wilder, interim pastor at Kirkwood, Springfield. Travelers will walk in the land of the Bible beside those who live in the land today. Visiting places of Jesus' life and ministry and having conversations with Israelis and Palestinians, the group will consider what it means to be faithful witnesses to Christ in this time. Price: \$3,650, double occupancy, includes round-trip airfare from Dulles, lodging, and meals. See flyer in this Thursday Mail; for more information and brochure, contact Susan at wildersus@gmail.com or Ben at ben@gracepresby.org.

Quill of the Stated Clerk

The National Capital Presbytery met on January 28, 2020 at National Presbyterian Church. During the meeting, National Capital Presbytery, led by Moderator Miriam Dewhurst:

- Gathered around the theme of being missional.
- Shared in a liturgy adapted from a Native American blessing in the Four Directions that celebrated the whole of God's creation.
- Expanded permissible use of the Retreat Fund to all church ministry program staff in National Capital Presbytery congregations.
- Adopted an overture for presentation to the 2020 General Assembly concerning the addition of inclusive gender options when gender information is collected by entities in the PC(USA).
- Concurred with an overture for presentation to the 2020 General Assembly from Monmouth Presbytery concerning divestment from fossil fuels.
- Approved the call of the Rev. Susan Graceson, currently Stated Supply Associate Pastor, as Associate Pastor of Immanuel Presbyterian Church.
- Created a new fund, the New Growth Fund, to be added to the NCP Financial Policies. The New Growth Fund provides resources to increase membership and participation in NCP, particularly in new ministries. It is made up of monies in the now-abolished New Church Development Fund and the proceeds from the disaffiliation agreement from Neelsville Presbyterian Church.
- Adopted the 2020 Mission Budget, in the amount of \$850,014.
- Heard a sermon from the Rev. Edwin Andrade, "Move In, Don't Just Show Up," after which commissioners discussed at their tables how their church could be more missional.
- Celebrated the Lord's Supper, led by the Reverends Edwin Andrade and Brian Clark.
- Appreciated the music brought by the Emmanuel Indonesian Singers.

Our next meeting is Tuesday, March 24, 2020, at National Presbyterian Church.

Peace and blessings, Sara

Sara M. Coe
Stated Clerk
National Capital Presbytery
scoe@thepresbytery.org
240-514-5352

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Clerks' Tip Safe Churches



From time to time I get asked about what the Presbyterian Church is doing to help our congregations to be safe places. This used to be more often about sexual misconduct policies and child safety policies, but now questions are being asked about personal safety in church buildings. Two recent things came my way that I thought you might be interested in.

First, the Presbyterian Mission Agency published an article about how a church in Michigan has implemented a Safe Church Plan. Here is a link to the article—it may give you some ideas for your congregations:

<https://www.presbyterianmission.org/story/is-your-church-safe/>.

Second, we learned from Presbyterian Disaster Assistance about a federal grant program that congregations may be eligible for, the Nonprofit Security Grant Program, or NSGP. Last year, at least five PCUSA churches successfully applied for this grant.

“The main purpose of the grant program is to support “target hardening” and other physical security enhancements. For example, surveillance systems, physical access control equipment, impact resistant doors and gates, intrusion detection sensor and alarms, exterior lighting, physical perimeter security (gates, fences, jersey barriers), and screening and inspection equipment.

The program is also to promote emergency preparedness coordination and collaboration between public and private community representatives. Examples of this includes developing security plans, training for congregants and ushers, and contracting security personnel.”

Here is a link to an archived FEMA webinar: [archived January 22 webinar](#). FEMA will be having at least two other webinars this year:

Date	Time (ET)	Webinar Title and Link	Call-in Line	Call Code
February 4	2:30 PM	Nonprofit Security Grant Program Overview	1-866-454-4207	368026#
February 12	2:30 PM	Nonprofit Security Grant Program Overview	1-866-454-4208	368026#

Please let me know if you have questions or topics, you’d like me to address in Clerks’ Tips.

Peace, Sara

Sara Coe
Stated Clerk
National Capital Presbytery
(240) 514-5352
scoe@thepresbytery.org



2020 UNIFIED MISSION GIVING

National Capital Presbytery uses an invitational approach to unified giving that asks congregations to give to the **Unified Mission Fund**, which supports ALL ministries determined by the priorities of the Presbytery, which is all of YOU. *Unified Mission Giving is a confession of faith that we are stronger when we are in partnership with one another. **"Together we are making a difference"***

A presbytery is at its best when it is focused on work and ministry that happens when churches come together. We as a connectional body can do things together that one church on its own could only dream of!

Projects like these listed below and many more help us live into being Missional ~ Pastoral ~ Prophetic (visit www.thepresbytery.org or any of our social media platforms for a brief video on "Being Missional")

Dismantling Racism

NCP is currently, and starting to live into, implementing recommendations from the report of the three-year Anti-Racism Task Force. Financial resources from the 2020 NCP Mission Budget support the annual Racial Awareness Festival, leadership training, and retreats.



College and Campus Ministry

NCP continues to support pastoral and missional presence through United Campus Ministries (UCM) at the University of Maryland, Western Pres. church at George Washington University, and ARISE Campus Ministry at NOVA and George Mason University.

New Things (formerly New Church Development)

In the past year, New Things has been engaged in supporting, affirming and directing New Ministries starting in NCP such as, The Porch in Loudon County, Bridges in Germantown, Holy Imagination in Silver Spring, and LGBTQ+ Community Ministry in Prince George's County.

Congregational Development

Over half of NCP congregations engage in programs, ministry, and leadership development with resources such as PnueMatrix and the Congregational Assessment Tool (CAT).

*You support a multitude of ministries that we do better **TOGETHER!** We mention only a few here. We invite you to www.thepresbytery.org "Mission Highlights" for more information about the ministries you generously and consistently support. By now, your church should have received pledge forms. Please contact Debbie Golden, dgolden@thepresbytery.org, if you have not received the form.*

"TOGETHER WE ARE MAKING A DIFFERENCE"



Greetings!

We're writing to you from the shores of Ocean City, MD at our annual ***"Calm to the Waves: Winter Retreat"***. Both of us, along with members of the Care Team of the Committee on Ministry, have come along this year for a time of rest, relaxation, and rejuvenation with our colleagues in the presbytery.

"A true time for relaxation and recharging. It's not stilted, not pretentious, it's just real. I can continue to grow as a pastor and learn from other voices...and you can't beat this price!" says Rev. Patrick McElwain, pastor, Geneva Presbyterian Church. Patrick is new to National Capital Presbytery, and this is his first "Calm to the Waves" experience as well.

We hope the retreat provides 1) an opportunity for members of our presbytery to get to know each other a little more. It's encouraging to see new relationships begin here in Ocean City and to see ones grow that began in these same rooms and halls in years past, and, 2) ways for us to grow spiritually and to become better leaders.

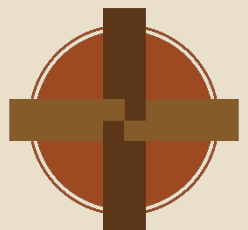
Our presenter this year, Rev. Melanie Jones was engaging and energizing! The Rev. Billy Kluttz, along with others provided music and worship. Each person we speak with is glad to be here and will take many of the things we worked on over these few days back to their pulpits, classes, and meetings.

There were over 50 of us gathered; Christian Educators, Youth Ministers, Pastors and Spouses. If you're still on the fence about coming next year we encourage you land on the side of "yes". Whitney Fauntleroy, Associate Pastor, Westminster (Alexandria) said, "this is the best \$50 I have spent! I'm going to come every year"!

Retreats such as this explore ways for us to live into ***"Being Missional Pastoral and Prophetic"***.

Join us at the March Presbytery Meeting, our theme is *being Pastoral*.

John and Tara





Young Adult
Volunteers

YAVS

A year of service for a lifetime of change @yavprogram

INTERESTED IN LEARNING MORE ABOUT THE PC(USA) YOUNG ADULT VOLUNTEER PROGRAM?



INVITE A YAV TO YOUR CONGREGATION!

Current DC YAV Zakeyah Frazier reflects on her experience speaking at churches: "Although apprehensive at times when given the opportunity to speak at churches, I am able to utilize my voice and depict my journey as a YAV thus far. Embarking on this journey has been stretching. While I am on the quest for what God is calling me to do in this season with the support of my community, placement, and churches I believe I am well on my way."



**TO LEARN MORE, E-MAIL SITE COORDINATOR BLAIR MOORHEAD
BMOORHEAD@GMAIL.COM**

The Young Adult Volunteer (YAV) program is an ecumenical, faith-based year of service for young people (ages 19-30) in sites across the United States and around the world. YAVs accompany local agencies working to address root causes of poverty and reconciliation. Alongside this work, volunteers explore the meaning of their Christian faith and accountability to their neighbors in community with peers and mentors.

<https://www.presbyterianmission.org/ministries/yav/>



**The Presbyterian Men and Women of Redeemer
Present**



The Norfolk State University Concert Choir

Under the Direction of Dr. Harlan Zackery, Jr. and Mr. Terry Butler

Saturday, February 15, 2020 – 3:00 P.M.

Free Admission with a Freewill Offering

(Proceeds will benefit the Redeemer Scholarship Fund for graduating high school seniors)



Church of the Redeemer, Presbyterian (USA)

1423 Girard Street, N.E.

Washington, D.C. 20017

202-832-0095

Further Info: Elder Carl V. Payne, II 301-949-8755 or 301-675-8447

Elder Kevin P. Moore 202-258-4857

WEBINAR

February 18th at 12:30 pm

ENDOWING YOUR PLEDGE

with Karl Mattison



There are members of our church family who care so deeply – that they think about what happens when they are no longer here. Faithful members can continue to be a blessing to the church by powering ministry, even after their lifetime. It is more accessible than you might imagine.

The tools to do this are through endowing your pledge (or your gift to church):

- What is it?
- Who in your congregation might find this a great opportunity?
- How do we talk about it?

Join us for a webinar to answer these questions and more!

REGISTER *HERE*

Karl Mattison is Vice President of Planned Giving Resources at the Presbyterian Foundation, where he has 15 years of experience helping Presbyterian churches and affiliated organizations in developing planned gifts and establishing endowments.

A graduate of Davidson College, Karl also studied abroad at Moscow Aviation Institute and did his graduate coursework in Russian studies at Georgetown University.



National Capital
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Retreat for Confirmation- Age Youth

For all churches in the National Capital Presbytery

February 28-March 1, 2020

at Bishop Claggett Retreat Center

\$125 per student (if reserved by Feb 15)

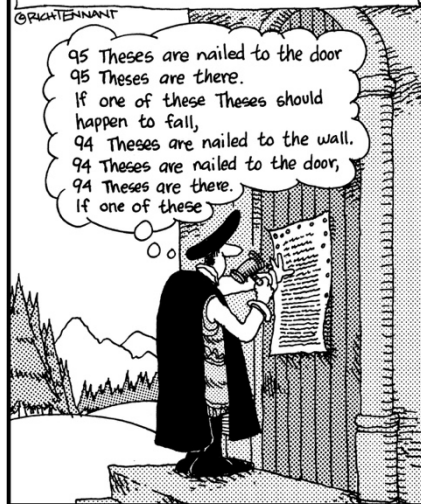
\$165 per leader (\$100 for RI member churches)

1 leader for every 6 youth required (male and female if a mixed group)

The 5th Wave

By Rich Tennant

The Reformation began in the 16th century after Martin Luther nailed his 95 Theses on the door of the Palast Church in Wittenberg Germany



Join us for this weekend retreat that will engage confirmation-age youth with:

- Growing into the Reformed Christian Faith
- Living by Grace in the Reformed Tradition
- How to be a Lifelong Church Member and Bible Lover

We'll do this through three interactive, hands-on workshops, small groups, prayer, and worship.

Our leader will be Matt Taylor, who wowed us as he subbed in at the last minute at our last confirmation retreat!

To reserve places for your youth, contact Yvonne McKinney at ymckinney@reformedinstitute.org or call 703-232-5303



Leader: MATTHEW D. TAYLOR

Protestant Scholar, The Institute for Islamic, Christian, and Jewish Studies in Baltimore; Ph.D. (Islam and Christianity) Georgetown University; M.A. (Theology) Fuller Theological Seminary; Ruling elder, Georgetown Presbyterian Church

“Growing into the Reformed Christian Faith” Friday Session 1: Family Trees

- Begin with a small group experience of a eucharistic meal in the Roman Catacombs
- Experience the medieval Latin mass with debrief and questions to follow
- Presentation on the Christian Family Tree from beginnings to Catholic, Orthodox, Protestant
- **Key Themes:** We're born into a faith family with a backstory. There are different ways to be Christian, and to be Reformed means claiming your place on a branch of Christianity that emphasizes ongoing reform in the Christian life.

Saturday Session 2: Living by Grace in the Reformed Tradition

Orient Reformed belief/life around 4 themes

- Sovereignty of God
- The power of sin in every aspect of our lives
- Unconditional Grace in Christ as a comfort
- Gratitude and Stewardship as responses to God's amazing gift
- Work together on how Reformed beliefs address current issues, like climate change.
- **Key Themes:** How we think about and relate to God is important; and the Reformed tradition helps us do that. Confirmation involves thinking with the tradition, challenging it, and owning it as part of your life.

Saturday Session 3: How to Be a Lifelong Church Member and Bible Lover

- Reformed Christians make direct connections with the Bible because it is the main resource for shaping our lives and reforming the Church and the world.
- Some practical advice on how to open the Bible, read it, pray with it, and grow in it.
- In the Presbyterian church, confirmation makes you a full member of the community who can vote and help lead the church toward change and reform.
- **Key Themes:** Church and community are essential parts of being Christian. The Bible is a foundation for growing in Christ and leading in the Church. Confirmation is a commitment to a life of participation in, reliance on, and service to the Church and its ongoing change.

Other Activities:

- Games for getting to know friends
- Outdoor activities
- Final celebration and Worship on Sunday morning
- Small Group sharing and learning;
- Movie

Our Hope for You:

- Grow in friendships,
- Get closer to God and Jesus, and
- Commit to help reform the Church and the world.

SAVE THE DATE: Noon Friday, March 27 – Sunday, March 29, 2020
IN THE FOOTSTEPS OF HARRIET TUBMAN: A LENTEN PILGRIMAGE



Purpose: To Understand History and To Build Empathy

Bus leaves from National Presbyterian Church at Noon, Friday, March 27, 2020

Bus to leave for return to National Presbyterian Church at Noon Sunday, March 29, 2020

Lodging at Holiday Inn Express in Cambridge, Maryland \$119 per night—call with code “Harriet Tubman Pilgrimage” by March 1, 2020. (You can choose to share a room.)

Free Breakfast with lodging

Two Group Dinners pay on your own.

Your lodging and dinners are your only expense! Lunch on Saturday included with tour.

Full Itinerary with registration.

Capacity: 30 pilgrims

Sunday worship at historic New Revived United Methodist Church (a church on the Underground Railroad)

Arrival back at National Presbyterian Church by 3:00PM, Sunday, March 29, 2020.

BE PREPARED TO CONTRIBUTE TOWARD A TIP FOR THE DRIVER!

Please complete and return the following to **Therese Taylor-Stinson, MCC Race and Reconciliation Team**, via email at taylorstinson2@earthlink.net

or mail to her at: 9409 Crosby Road, Silver Spring MD 20910

Registration for Lenten Pilgrimage “In the Footsteps of Harriet Tubman

Full Name: _____

Address: _____

Mobile Phone Number: _____

Emergency Contact and Best Phone Number: _____

List names of any others traveling in your group: _____

_____ Sharing a room? ☐ Yes ☐ No

*Each member of your party should complete a separate registration form.

Book Talk on Henry G. Brinton's "City of Peace"

Sunday, March 1, 2020

1:00 – 2:00 p.m.

Trinity Presbyterian Church

As Jesus came near and saw the city, he wept over it, saying, "If you, even you, had only recognized on this day the things that make for peace!" (Luke 19:41-42)



Come to Trinity Presbyterian Church for a talk on pastor Henry Brinton's newly released mystery novel *City of Peace*.

Henry is senior pastor of Fairfax Presbyterian Church.

His book has been described as

"a unique murder mystery with spiritual overtones, demonstrating how God can deliver good out of evil."

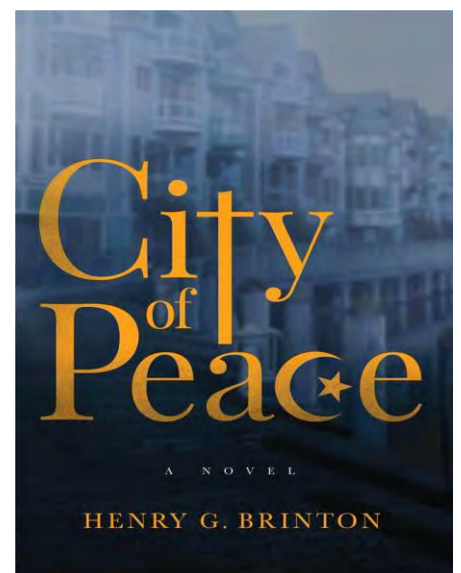
(John J. Jessop, author of Guardian Angel: Unforgiven)

Henry will give a talk with PowerPoint images from the book, and there will be an opportunity for audience Q&A. Then Henry will sign books for those who are interested — Fairfax Presbyterian's "Men y Mujeres on a Mission" are selling copies of the novel for \$17.00 as a fundraiser for their mission work in Honduras.

"Deeply spiritual writers often have difficulty with suspense. Not Henry Brinton. City of Peace is timely, compelling and entertaining."

(Al Sikes, author of Culture Leads Leaders Follow and former Chair of the Federal Communications Commission under George H.W. Bush)

Trinity Presbyterian Church
651 Dranesville Rd, Herndon, VA 20170
(703) 437-5500



City of Peace is Winner in the Mystery/Suspense: Cozy Mystery category of the 2019 American Fiction Awards



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WE'RE HAVING AN OFFICE OPEN HOUSE!

WEDNESDAY, MARCH 18
11 AM - 2 PM

11300 Rockville Pike, Suite 408, Rockville, MD 20850
Light refreshments. Garage and meter parking.

RSVP: lquander@thepresbytery.org

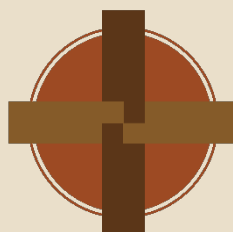
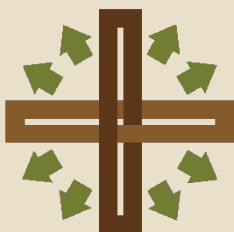
Congregational Assessment Tool (CAT) Training With Holy Cow Consulting

Join a team of interpreters equipping our congregations! Would you like to be trained as an interpreter of the Congregational Assessment Tool? Limited spaces are available for our next training session, Monday March 23 and Tuesday, March 24, 9 am - 3 pm, at National Presbyterian Church. This is open to anyone currently a member of congregations in NCP and minister members of NCP.

Holy Cow Consulting works to assist congregations and organizations determine where they are in order to help them get to where they need to be. Take a quick look [here](#). Current Interpreters in our Presbytery share that this training and experience gives them a chance to see more of our presbytery and gain solid visions and bigger dreams of what they can do with their congregations and in their ministry. Living into visions and dreams is our opportunity in being *Missional, Pastoral, and Prophetic*.

If interested, email Tara Spuhler McCabe, tspuhlermccabe@thepresbytery.org with your responses to the questions below. No more than 200 words per question. *Due by February 18, 2020*. Applicants will be reviewed and informed by CDC leadership if they have been selected by February 20, 2020.

1. Why do you want to be an Interpreter in NCP?
2. What excites you about congregations and ministry these days?
3. What do you notice about yourself in facilitating group conversations?





MARCH OPEN SPACE

DOES YOUR SOCIAL MEDIA NEED HELP?

- Learn tips, tricks, and resources for your church.
- Bring your laptop and Holy Week service times to get started!

Tuesday, March 24 at 4pm
National Presbyterian Church
RSVP to lquander@thepresbytery.org



Presented by

JESS FISHER

**Freelance Graphic Designer &
Communications Coordinator
at Western Presbyterian Church**
liturgybeyondwords.com



National Capital
PRESBYTERY

Sponsored by NCP
Communications



Fairfax County is offering training for chaplains and
faith leaders in the practice of

Disaster Chaplaincy

to train faith leaders, spiritual care providers and institutional chaplains of all faiths to volunteer as disaster chaplains or spiritual care workers in mass-care settings, or to serve their house of worship or local community during times of disasters and/or crises.

Training by the National Disaster Interfaith Network, March 23rd and March 24th from 8:30 a.m. – 5:00p.m. Both days required for certificate of completion.

Location: Fairfax County Public Safety Headquarters, conference room 2107, located at 12099 Government Center Parkway, Fairfax VA 22035. This is a secure building, you will need to show ID and register when you enter the building, so please arrive early enough to go through security and to start class at 8:30 a.m.

*** Lunch provided * Free parking adjacent to the building ***

Register [HERE](#)

Questions? Contact Beth Goss jbethgoss@aol.com



THROUGH the Fire

*The 39th
Anniversary of
the Sargent
Gospel-Aires*

*Saturday,
April 4, 2020
4:00 pm*

Sargent Memorial Presbyterian Church
5109 Nannie Helen Burroughs Ave. NE
Washington, DC 20019
(202) 396-1710
Rev. Juan P. Guthrie, Pastor

*"If our God whom we serve is able to deliver us from the furnace of
blazing fire and out of your hand, O king, let him deliver us." Daniel 3:17 NRSV*

Jamie Griffin, Jill Naar, & Students from Appalachian State University – Stepping Into Nutrition: Ways to Get Creative, Integrating Nutrition Education into Community Potlucks. Hear the exciting news about a pilot partnership featuring students and faculty from the Appalachian State Department of Health and Nutrition and congregations in Watauga County, North Carolina. Your church can model the biblical mandate by helping members and others to thrive – physically, mentally, and spiritually. This workshop will help your faith community to develop new skills and set goals for healthy eating. Leaders will share ideas for intergenerational engagement activities and recipe modifications for healthy and tasty potlucks, congregational meals, and more.

Friday 8:30 AM

Mary Porter and Lynn Bledsoe – Creating Dementia Friendly Congregations. This workshop will present a theology of care to support the development of dementia friendly congregations. We will identify spiritual gifts of dementia and explore tools available to create a supportive environment for persons with cognitive challenges and their caregivers. Participants will have the opportunity to contribute suggestions for our denomination to address the phenomenon of cognitive challenge in church, home, and community.

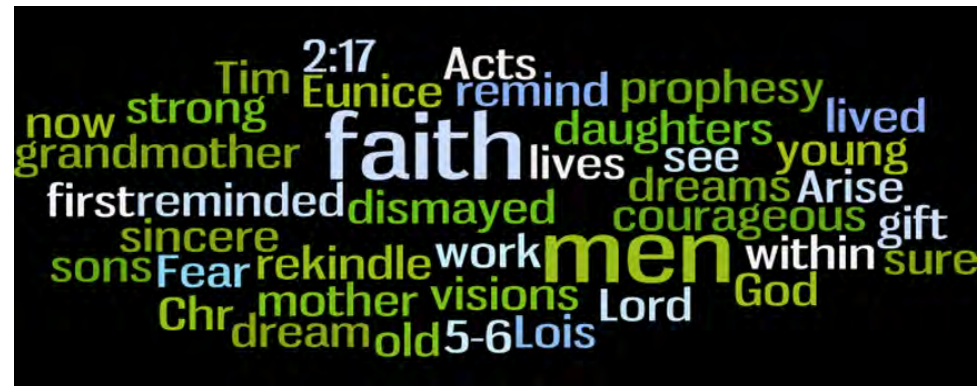
Robin Russell Gaier – Musical Morphine: Transforming Pain One Note at a Time. From the earliest periods, people of faith have called on music in all circumstances. Through the compelling stories and live music of author and Certified Music Practitioner, Robin Gaier, this interactive workshop awakens us to the miracle of therapeutic music. Discover the positive impact of music on the critically and chronically ill, the dying, senior adults, the anxious, the melancholy, and others. Participants will be inspired to consider new ways music can be utilized in the pastoral ministries of their congregations and faith communities.

- you work with older adults in your congregation (lay or clergy);
- you want to build relationships across generations;
- you seek to thrive after 55 in body, mind, and spirit;
- you seek the latest on current issues of aging and the church;
- you are a retired church professional.

Register at www.montreat.org/POAMN or call 828.419.9815
Get an Early Bird special until March 1, 2020



A regional, day and a half conference sponsored by POAMN



Early Bird special until March 1, 2020

Schedule at a Glance

Wednesday, April 29, 2020

Check in after 3 p.m.
5:30 p.m. Dinner
8:00-9:00 p.m. Meet & Greet

Thursday, April 30, 2020

7:30 a.m. Breakfast
8:30 a.m. Registration
9:45-10:15 a.m. Worship
10:15-10:45 a.m. Greetings from Co Moderator
11:00 a.m. Keynote Presentation
12:00 p.m. Lunch
1:00-2:15 p.m. Workshops
2:30-3:45 p.m. Workshops
4:00-4:45 p.m. Q&A with Leadership
5:30-6:30 p.m. Dinner
7:15 p.m. Entertainment

Friday, May 1, 2020

7:30 a.m. Breakfast
8:30-9:30 a.m. Workshops
9:45-10:45 a.m. Worship Experience
11:00 a.m. Explore Montreat
12:00 p.m. Lunch

Pricing

- Early Bird (before March 1, 2020); or Retired Educators, Ministers and Spouses - all-inclusive registration, private room, 2 nights with 6 meals = \$285. 1 night with 3 meals = \$167.50.
- Regular (March 1, 2020 or after) - all-inclusive registration, private room, 2 nights with 6 meals = \$310. 1 night with 3 meals = \$192.50.
- Early Bird Commuter Fee (before March 1) - 2 days with lunch each day = \$72.
- Regular Commuter Fee (March 1 or after) - 2 days with lunch each day = \$97.
- Early Bird (before March 1) Thursday only, includes lunch = \$61.
- Regular (March 1 or after) Thursday only, includes lunch = \$86
- 2-bedroom suites also available, contact Montreat for pricing.

Register at www.montreat.org/POAMN or call 828.419.9815



Rev. Jon Brown,
Worship Leader



Rev. Cindy Kohlmann,
Co-Moderator 223rd GA



Rev. Eileen Lindner,
Keynoter



Carla Karst, Thursday
Entertainment

Workshops

Thursday 1:00 PM

Jan McGilliard – Beginning and Building an Older Adult Ministry in 2020. Discover new tools, proven methods, and sound ideas to confidently build an older adult ministry in your faith community. Whether you are just starting out or looking for some new strategies to enhance your ministry, this workshop will cover the basics and the how- to's. Learn from one of the most knowledgeable and experienced leaders in older adult ministry.

Haley Tate, Masters of Nutrition Student, Appalachian State University -- Tips and Program Ideas for Healthy Eating and Community Engagement in Your Congregation. Learn specific methods and steps which you can adapt in your own congregation and home to promote healthy nutrition and eating practices. This workshop will include ideas and easy-to-do tips to include more "healthy" foods and beverages in our diets. Individuals and churches of every size can become nutrition champions for older adults, young families, individuals, and local communities.

Beth Lindsay Templeton – Based on the workshop leader's book, *Uncharted Journey: On the Challenges of Getting Older and Other Life Transitions*, this interactive workshop will help participants consider the steps of loss, letting go, and growth involved in any transition . . . large or small.

Mary Porter and Lynn Bledsoe -- A Taste of Sage-ing. This experiential workshop will introduce the core concepts of Sage-ing—conscious aging from a spiritual perspective, as developed by Rabbi Zalman Schacter-Shalomi, in his book, *From Aging to Sage-ing: A Profound New Vision of Growing Older*. Participants will be invited to engage in reflection (individually and communally) and practices of deepening spirituality. Mary Porter and Lynn Bledsoe are Certified Sage-ing Leaders and have many years of experience leading older adult ministries.

Thursday 2:30 PM

Mary Porter: Legacy Letters: The Last Word

In his book **Creating a Spiritual Legacy**, Daniel Taylor sounds the call for us in this workshop: *Your legacy is the fragrance of your life that remains when you yourself are not present. It is what your life is or has been good for in a very concrete sense...and can be conveyed to others.* This workshop will give participants a non-legal vehicle for making a bequest - letters to accompany or precede the Will and Advance Directives.

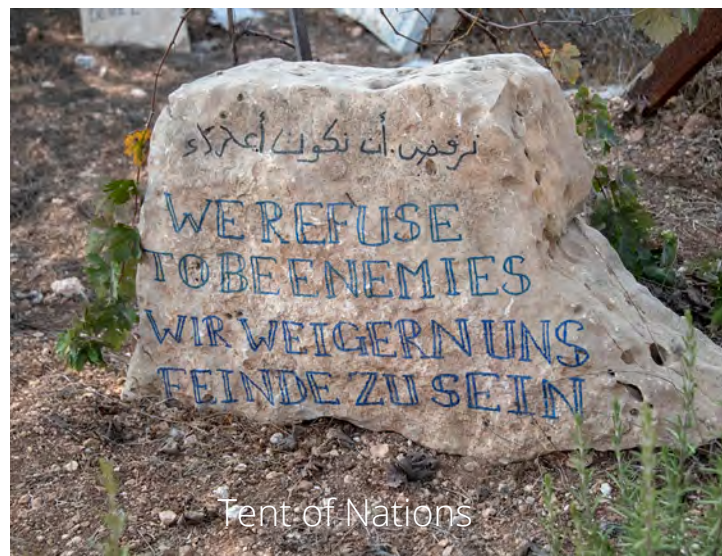
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Travel to Israel and Palestine on a Pilgrimage and Study Tour, October 9-19,2020

- Visit with the Palestinian Episcopal Congregation in Nablus
- See biblical sites in the areas of Galilee, Jerusalem, Bethlehem, and elsewhere
- Converse with local peacemakers
- Tour Bethlehem Bible College
- Visit Tent of Nations--a Palestinian Farm and Peace Center

On this educational and inspirational trip, travelers will walk in the land of the Bible beside those who live in the land today. Visiting places of Jesus' life and ministry, the group will consider what it means to be faithful witnesses to Christ in this time. Conversations with Palestinians and Israelis will offer a window on their hopes and dreams for a peace-filled future and how we can support them in that vision.



Leaders are Rev. Dr. Ben Trawick, pastor of Grace Presbyterian Church, in Springfield, Virginia and Rev. Susan Wilder, interim pastor at Kirkwood Presbyterian Church in Springfield, Virginia.

Rev. Dr. Ben Trawick is Grace Presbyterian Church's Head of Staff where he has served since February 2017. Prior to accepting the call to Grace Presbyterian, Ben served as Head of Staff at North Wilkesboro (NC) Presbyterian Church (2003-2017), and as Pastor of Christ Presbyterian Church, High Point, NC (1999-2003) and of New Dublin Presbyterian Church, Dublin, VA (1993-1999). Prior to entering seminary, he served four years as a US Naval Officer.

Rev. Susan Wilder is the Interim Pastor at Kirkwood Presbyterian Church. Susan has lived in Jerusalem, led trips to the region, and previously served as a consultant to the Faith Forum on Middle East Policy, a network of Christian denominations and organizations working for a just peace in the Middle East. She served as representative for Middle East Policy in the Evangelical Lutheran Church in America (ELCA) from 2008 to 2012 and has served in pastoral roles at Grace Presbyterian Church in Springfield and Trinity Presbyterian Church in Arlington.

For more information and brochure, contact Susan at wildersus@gmail.com or Ben at ben@gracepresby.org.

