THURSDAY MAILING



MISSIONAL · PASTORAL · PROPHETIC

January 23, 2019



In this edition

Pastoral Concerns/Joys/Announcements

From Tara's Table

Tara Spuhler McCabe, TDirector of Congregational Dev. & Mission

Clerks' Tip

Sara Coe, Stated Clerk

INVITE a YAV TO YOUR CONGREGATIONS

DC Young Adult Volunteers (YAV's)

Youth Carbon Analyst Program

Project of the Earth Care Network January 25 – Warner Memorial Presbyterian Church (lunch included) Registration required

Chili Cook-Off

NCP Presbyterian Men January 25 – Knox Presbyterian Church

Free Film and Discussion Series

Living for 32 January 26 – Unitarian Universalist of Fairfax

St. Andrew Presbyterian Church

presents Acclaimed and Renowned Pianist Brian Ganz January 26 – St. Andrew Presbyterian Church

A Night of Music, Poetry and Art

the little match girl passion January 27 – Western Presbyterian Church

OPEN SPACE TOPICS-Presbytery Meeting: January 28 – National Presbyterian Church see full list on thepresbytery.org "open space topics"

- A Fishbowl Dialogue on "Eviscerating Racism" with the MCC and Reconciliation Team
- Leadership Embodiment for the Church with Kirsten Melone

HERON A Documentary

presented by Christian Peacemaker Team January 30 – Bethesda Presbyterian Church

NCP PRESBYTERIAN WOMEN - Annual Prayer Breakfast

"Prayer Journeys" speakers: Rev. Lucy Der-Garabedian and Rev. Evangeline Taylor February 1 – Westminster Presbyterian Church, Alexandria, VA

Call to Live in Divine Light

"A Spiritual Meditation Workshop February 4th & 8th – Immanuel Presbyterian Church

The Presbyterian Men and Women of Redeemer Present

the Norfolk State University Concert Choir February 15 – Church of the Redeemer Presbyterian Church

NEXT CHURCH 2020 National Gathering

"what do these stones mean?"

March 2-4, 2020 – Cincinnati, OH

(Spiritual Formation Team of NCP offers scholarships towards the registration fee)

Church Assessment Tool (CAT) Training with Holy Cow Consultants

sponsored by Church Development Commission (CDC) March 23-24 — National Presbyterian Church

Presbyterian Older Adult Ministries Network (POAMN)

"Stronger Together: Faith In Action Across Generations" April 30 – May 1 – Montreat Conference Center, Montreat, NC

Pastoral Concerns

Prayers for the Rev. Stephen Smith-Cobbs, co-pastor, Trinity Presbyterian Church, Herndon and his family – Stephens' mother, Carolynn, died peacefully January 19th, in San Antonio, TX, after years of living with Alzheimer's Disease.

Prayers for the Rev. Patrick Jackson, Chaplain, on the death of his father, Rev. Cal Jackson.

S. David Chambers, an honorably retired member of our Presbytery, passed January 15th. Dave is a truly historic figure in that he was a renowned Navy chaplain and, in his retirement, continued to be very influential in ministry. Please keep his widow, Betty, and their family in your prayers.

With sadness, we inform you of the death of **the Rev. Kermit Johnson, H.R.** Please lift the Johnson Family in your prayers. Kermit died early this morning, January 9th, in St. Paul, MN. He will be laid to rest at Arlington National Cemetery. Please remember his wife, the Rev. Lynn Johnson, HR and their family in your prayers.

With sadness, we inform the Presbytery of the death of the **Rev. Tom Davidson (HR)**, age 96, passed into the Church Triumphant on Monday, January 6. He is survived by his wife of 71 years, Libby, three daughters, Debbie, Linda and Kristine, and seven grandchildren. Daughter Susan predeceased him. Rev. Davidson pastored churches in Alabama, Mississippi and Tennessee and served as a Chaplain in the U.S. Army during the Korean War. He was Executive Presbyter for Guerrant Presbytery (now Transylvania) in Eastern Kentucky and Lexington Presbytery (now Shenandoah) in Virginia. He was the pastor at Kirkwood Presbyterian Church in NCP before retiring and working as a substance abuse counselor. In more recent years Tom wrote extensively about the Holy Spirit. A celebration of life was held at Calvary Presbyterian Church, Alexandria, VA, January 18th. Please remember the Davidson Family in your prayers.

Prayers for Western Presbyterian Church - from Pastor Laura Cunningham: ... with great sadness from the corner of 24th and G Streets to confirm an incident of violence **(January 14th)** yesterday afternoon. As you may have heard in news reports, a man was stabbed outside our 24th St. entrance just as Miriam's Kitchen was opening at 2:30 p.m.

We remain in prayer for the victim and the suspect and those who love them, for the Miriam's Kitchen and Western Church staffs, as well as for all who live, work, and study around this corner in Foggy Bottom. This incident particularly highlights the traumatic vulnerability of our neighbors experiencing homelessness and the significant impact of shelter in sustaining life.

I've been touched by the response of our community and presbytery reaching out in concern; the session moderator at Northminster Presbyterian Church let me know that they have been praying for us.

Western Church remains a space for God's life-giving, love-sharing Spirit. Although our sacred space has been desecrated by an act of violence, we remain centered in a God whose love is stronger than hate, whose light is stronger than darkness, and whose life is stronger than death. I have been in conversations regarding how other communities of faith have responded to acts of violence in their midst. We will act to reclaim our witness to God's love and peace at work, not just for ourselves as a church, but as an invitation and on behalf of those impacted in our Foggy Bottom community.



APCE Award Winner - SUSTAIN- Life Achievement Priscilla Andre-Colton

Priscilla began her career as a church educator before she even knew there was such a thing. While still in junior high she prompted the youth group in her small rural church to volunteer to serve as Sunday school teachers for the summer to give the regular teachers a season off. After moving to Florida and getting involved at Venice Presbyterian Church her pastor encouraged her to check out the Presbyterian School of Christian Education. There she reconnected with her passion and calling to Christian education.

Priscilla served churches in North Carolina, Florida, Pennsylvania, and Virginia. She served on the Board of Trustees at Union Presbyterian Seminary; the PC(USA) Certification Committee; the Committee on Ministry of National Capital Presbytery; the Equipping Committee of Pittsburgh Presbytery; Youth Council of Suwannee Presbytery; the Educator Group of National Capital Presbytery. Service to APCE includes East Region Representative, the Advocate Committee, Secretary, and Annual Event Co-director.

In her words, "my greatest joy was spending a week with Sonja Stewart learning about Children and Worship and then implementing it in my church. I still enjoy telling and showing the stories to children and adults and watching the wonder." She also loved organizing and writing curriculum for workshop rotation model Sunday school in two churches and designing intergenerational special events. She is the first to admit that none of this would have been possible without the love and support of her husband, Todd, and her two daughters, Caitlin and Erin.

ANNOUNCEMENTS

Minister Members of National Capital Presbytery: Please complete the Annual Salary Report form if you haven't already sent it in. Reports should be submitted by February 28. Any terms of call that are part of another report or contract approved since October 1, 2019 does not need to be submitted using this form. CHECK YOUR EMAIL, forms will be resent later this week. If you have not received a form, contact comadmin@thepresbytery.org.

The deadline for clerks of sessions to submit their church's **2019 Statistical Report** to General Assembly is **Feb. 3, 2020**. Contact Jan Moody, Assistant to the Stated Clerk, at immoody@thepresbytery.org, if you have any questions.

Travel to Israel and Palestine on a pilgrimage and study tour, October 9-19, 2020. Join others from National Capital Presbytery for this trip, led by Rev. Dr. Ben Trawick, pastor at Grace, Springfield, and Rev. Susan Wilder, interim pastor at Kirkwood, Springfield. Travelers will walk in the land of the Bible beside those who live in the land today. Visiting places of Jesus' life and ministry and having conversations with Israelis and Palestinians, the group will consider what it means to be faithful witnesses to Christ in this time. Price: \$3,650, double occupancy, includes round-trip airfare from Dulles, lodging, and meals. See flyer in this Thursday Mail; for more information and brochure, contact Susan at wildersus@gmail.com or Ben at ben@gracepresby.org.



January 23, 2020

Greetings,

How can we get to the other side? This is a question the disciples are stuck with in Matthew 14:22-34. NCP congregations, you are in your church boat. You are diligent in your discipleship and ministry (like the disciples feeding the 5,000 with Jesus) and now it is time to get to the other side to continue in the ministry (like the disciples arriving to Gennesaret) of Jesus Christ: feed the hungry, heal the sick, protect the vulnerable, and baptize the seekers!

From your Unified Mission Giving, NCP is here to equip you to get to the other side. Since September seven congregations with matched apprentices/mentors are in a yearlong consulting program, PnueMatrix.

Since 2017, over half of NCP congregations have participated in the Church Assessment Tool (CAT) with Holy Cow Consulting. From your participation with these tools and others, NCP can match your visions and dreams with facilitators and coaches trained in our Presbytery!

We are here for you! Congregations who have taken the CAT three or more years ago, invite us to meet with you for a check-in. We want to hear about your visions, dreams, and maybe even your stuckness. We know that as disciples, we cannot stay stuck too long because Jesus meets us right where we are, and we are able to move to the other side.

My office, the Church Development Commission and the Mission Coordinating Committee are holding training to become Interpreters with the CAT, March 23rd – 24th. There is a flyer in this TM. Please consider joining this team of disciples as we equip one another in God's work **being Pastoral**, **Missional**, **and Prophetic together!**

Peace and Courage,

Tara







Clerks' Tip

The Presbyterian Historical Society

One important part of our connectional church is the Presbyterian Historical Society, located in center city Philadelphia, PA. From their website:" Organized in 1852, the Presbyterian Historical Society is the oldest denominational archives in the United States and serves as the national archives for the Presbyterian Church (U.S.A.) and its predecessor denominations. PHS exists to collect, preserve, and share the story of the American Presbyterian and Reformed experience with Presbyterians, the scholarly community, and the general public." If you are on a trip to Philadelphia, you might want to consider a stop at PHS. They encourage visits and will schedule free group tours. You can learn more about them at www.history.pcusa.org.

Besides being of historic interest, PHS is of current assistance to congregations. The Book of Order tells us that the clerk of a council is responsible for preserving the records of the council. Book of Order G-3.0104. Obviously, that would include session minutes and rolls and registers—but there are a lot of other documents that a church has. Which are important to maintain? How long should they be maintained? Where and how should they be stored?

The Presbyterian Historical Society can help with all these questions. For information on identifying a record and how to store records at the church, you can check here. You can also find out about PHS's digitization service, access a retention schedule for congregations, and learn about PHS's free record storage (you maintain ownership of and access to the records even though they are stored in Philadelphia) at this site.

Happy New Year to you all. Please call with any questions you have—many of you may be new to clerking this year and Assistant to the Stated Clerk Jan Moody and I will be happy to help any way we can.

Peace, Sara (240) 514-5352 scoe@thepresbytery.org





INTERESTED IN LEARNING MORE ABOUT THE PC(USA) YOUNG ADULT VOLUNTEER PROGRAM?



INVITE A YAV TO YOUR CONGREGATION!

Current DC YAV Zakeyah Frazier reflects on her experience speaking at churches: "Although apprehensive at times when given the opportunity to speak at churches, I am able to utilize my voice and depict my journey as a YAV thus far. Embarking on this journey has been stretching. While I am on the quest for what God is calling me to do in this season with the support of my community, placement, and churches I believe I am well on my way."



TO LEARN MORE, E-MAIL SITE COORDINATOR BLAIR MOORHEAD BMOORHEAD@GMAIL.COM

The Young Adult Volunteer (YAV) program is an ecumenical, faith-based year of service for young people (ages 19–30) in sites across the United States and around the world. YAVs accompany local agencies working to address root causes of poverty and reconciliation. Alongside this work, volunteers explore the meaning of their Christian faith and accountability to their neighbors in community with peers and mentors.

https://www.presbyterianmission.org/ministries/yav/

Youth Carbon Analyst Program 2020 Orientation Meeting

Because
the church building is a
testimony to the witness of
the church



we are
counting greenhouse gases
for net zero emissions
in our Presbytery

All ages are welcome to learn how to support high school and college students seeking a faithful response to the climate crisis in National Capital Presbytery!

Featuring a climate science talk by

Dr. Elizabeth Dahl

of Loyola University Maryland

Climate change is a problem that can be hard to talk about. To solve problems though, we need to talk about them. During this program we'll talk about some basics of climate change science including the causes and effects of climate change, how we are experiencing climate change, and steps we can all take to help solve the problem.



The season of transformational Climate Action has arrived.

Jan 25, 2020

11:00 AM to 2:00 PM

with lunch included @ Warner Memorial Presbyterian Church
10123 Connecticut Ave., Kensington, MD 20895

Register via email to Dave Grace (dce@warnermemorial.org)

Event Description:

The event will begin with Dr. Elizabeth Dahl's climate change talk – which she is offering to various communities in our region. We will then have lunch and hear a review of the Youth Carbon Analyst Program's pilot year in 2018-2019, featuring the inaugural youth carbon analysts Simon Winter and Hannah Wilson-Black. Lastly, we will facilitate participation from the group before we outline opportunities for participation in YCAP this year.

Speaker Bio's:

Dr. Elizabeth Dahl is an Associate Professor of Chemistry at Loyola University Maryland. Her PhD is in Earth System Science and she specializes in marine and atmospheric chemistry and analytical chemistry. At Loyola she teaches courses in the environmental studies program and advanced analytical chemistry for chemistry majors. She also conducts research with undergraduates in environmental chemistry and advises the Environmental Action Club. When she isn't working, she's usually getting her two kids to their activities & spending time with them.

Simon Winter (YCAP '19) is a 1st year student in Environmental Studies at University of Maryland Baltimore County. Simon is a Sondheim Scholar and Honors student, and interested in studying climate justice throughout the world

Hannah Wilson-Black (YCAP '19) is a 1st year student pursuing a major in Environmental Studies at University of Chicago.

Dave Grace is the coordinator of YCAP and is Director of Christian Education at Warner Memorial Presbyterian Church in Kensington, MD. He holds masters degrees in Environmental Management and Divinity from Duke University. At WMPC, Dave works with all ages to equip the congregation for faithful service in today's changing climate.

Background

In the 2006 General Assembly, Presbyterians resolved to seek to lead "Carbon Neutral Lives." Fourteen years later, it is now time for that seeking to bear fruit worthy of repentance. In 2008, the PC(USA) proclaimed the "Power to Change", asking the U.S. government to reduce its greenhouse gas emissions (GHGs) 20% from 1990 levels by 2020 and 80% by 2050. It is now 2020, and U.S. GHGs have likely increased, rather than decreased. Further, the GHG reduction timeline proclaimed in 2008 is now inadequate to sufficiently limit global temperature increase brought about by new and lingering GHGs (cf. UN Emissions Gap Report 2019). Today, the impacts of failure to see beyond the horizon of nonrenewable, fossil fuels and the failure to mobilize around an urgent date for reaching net zero GHG emissions are increasingly unconscionable. Thus, in 2018 the PC(USA) proclaimed that "The Earth is the Lord's" and urged courageous moral leadership on climate with transformational, incarnational climate action. Therefore, YCAP is counting GHGs to outline pathways to net zero GHG emissions in the National Capital Presbytery and the PC(USA). We ask for your help.

Project Listings:

- 1. Creating a Building Energy-Use Portfolio for NCP
 - a. Background: Using real data for two churches and publically available data on church size for the remaining eight churches, the inaugural youth carbon analysts estimated the GHG emissions of the Earth Care Network at a range of energy use intensities.
 - b. Outputs: The analyst/s will work with the YCAP team to produce a Portfolio for the ~100 church properties in the presbytery using the EPA, Energy Star tool called Portfolio Manager (PM), yielding:
 - i. A PM Portfolio that will serve as the basis for later data input via voluntary reporting from churches.
 - ii. A rough estimate of the total GHG emissions of NCP churches.
- 2. Assessing Renewable Energy Options for NCP
 - a. Background: Catholic Charities, working with Dan Misleh of Catholic Energies and others, recently installed what is said to be the largest solar array in Washington, DC (here). The UCC a full communion partner of our denomination has recently accepted the Architecture 2030 challenge (here).
 - b. Outputs: The analyst/s will work with the YCAP team to consult with partner churches and organizations to analyze a range of options for large scale greenhouse gas reduction activities that may be pursued by National Capital Presbytery, yielding:
 - i. A set of recommendations for a suite of renewable energy technologies to be implemented at presbytery scale.
 - ii. A stakeholder engagement plan to deploy these technologies.
- 3. Advocating for Climate Justice in NCP
 - a. Background: The benefits of planning for greenhouse gas reductions at the scale of the presbytery are numerous when considered in engineering and financial terms as well as in terms of a climate justice perspective. However, the benefits to individuals in congregations or their sessions may not be immediately obvious, particularly given the tendency to adopt a 'fiduciary responsibility' mindset that can easily be limited to the particular church. Yet, stewardship of the financial resources of a congregation is an important task and, thus, possibilities for cobenefits in GHG reducing activities throughout the presbytery should not be left unconsidered. Financial arguments aside, the Church is committed to climate justice so intersections between inequality, racism, xenophobia, environmental quality and climate impacts, mission spending, GHG reduction activities and potential, and varying congregational budgets deserve more attention. YCAP

- should focus on climate justice as a moral imperative in its planning and not merely rest on a paradigm of financial benefit at the congregational scale.
- b. Outputs: The analyst/s will work with the YCAP team to ensure a climate justice commitment guides YCAP planning, yielding:
 - i. A set of guiding principles for seeking climate justice in the work of YCAP developed in consultation to the NCP Immigrant Ministry Network, Refugee Ministry Network, Anti-Racism Team, the 'local expression' of the Self Development of People, and other networks/teams.
 - ii. A work plan to complete a study document exploring climate injustice as it pertains to National Capital Presbytery and the planning of YCAP.
- 4. Sharing Climate Action Journeys in NCP
 - a. Background: Every congregation has its own story about how it practices Earth Care and there is a great value to sharing these stories to inspire and equip other congregations to act on the climate crisis. Presbyterians for Earth Care shares stories about 'Earth Keepers' and in 2016 recognized predecessor project for YCAP, which included a biodiesel bus tour to highlight and share these congregational stories in collaboration with partners. In the DC metro area, the local Interfaith Power and Light chapter shares these stories in a number of ways: such as a 'solar congregation's map,' a 'learning from solar congregation's booklet,' and a 'solar congregation's list-serv.'
 - b. Outputs: The youth carbon analyst/s will work with the YCAP team to identify ways to enable the sharing of 'climate action journeys' among congregations in the National Capital Presbytery considering partnerships to support this work, yielding:
 - A written or digital media report that shares the 'climate action journeys' of at least three churches in National Capital Presbytery.
 - ii. An event that raises attention about this report, possibly in collaboration with other youth carbon analysts working on other areas.



Whether you like yours mild or hot and spicy, here's where you'll want to be for chili from around the presbytery. Meet other men from DC, Maryland and Virginia.

Admission to the cook-off is free, but an offering will be collected to support the Council's ongoing expenses and next mission trip to Kenya.

Saturday, Jan. 25, 2020
5 to 7:30 p.m.
Knox Presbyterian Church
Fellowship Hall
7416 Arlington Blvd.
(corner of Allen St. & Rte. 50)
Falls Church, VA
703 560-5288
knoxpreschurch@vacoxmail.com

- RSVP to knoxpreschurch@vacoxmail.com
 by Jan. 22.
- WANT TO COMPETE? E-mail Russell Whitmoyer by Jan. 20 at Russell W0821@aol.com



NCP Men Faith, Food and Fellowship on a Winter's Night Parking is in the Knox lot. Overflow parking will be available at Thomas Jefferson library across Rte. 50. Do not park in the shopping center or you'll risk having your car towed.



exploring gun violence

Free Film and Discussion Series

Moderated Q&A Following Film Screenings

Jan 5 2-4:30	Trigger: The Ripple Effect of Gun Violence	St. John's Episcopal Church 6701 Wisconsin Ave, Chevy Chase, MD
Jan 12 2-4:30	Five Awake	St. Mark's Episcopal Church 301 A St SE, Washington, DC
Jan 26 2-4:30	Living for 32	Unitarian Universalist Congregation of Fairfax 2709 Hunter Mill Rd, Oakton, VA
Feb 2 1-2:30	American Trauma: How the NRA Sparked a Medical Revolution / Speaking is Difficult	St. Columba's Episcopal Church 4201 Albemarle St NW, Washington, DC
Feb 9 2-4:30	Awaken: A Tale of Inner-City Violence, Crime and its Impact	Westmoreland UCC 1 Westmoreland Cir NW, Bethesda, MD

Supporters: DC Area Interfaith Gun Violence Prevention Network → St. John's Episcopal Church → Unitarian Universalist Congregation of Fairfax → St. Mark's Episcopal Church → Westmoreland UCC → St. Columba's Episcopal Church → Burke-Fairfax Moms Demand Action → Washington National Cathedral Congregation GVP → PCUSA Office of Public Witness

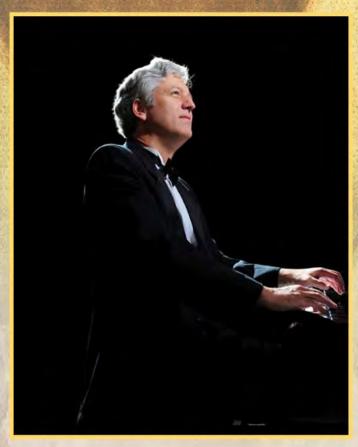
St. Andrew Presbyterian Church and Music with a Cause Concert Series

Presents

ACCLAIMED AND RENOWNED PIANIST

BRIAN GANZ

performing "Chopin and the Growth of Genius," featuring polonaises, mazurkas, waltzes and more!



SUNDAY, JANUARY 26 | 4PM

\$20 at the Door; ages 17 and under admission is free. Tickets can be purchased in advance at eventbrite.com (search for music with a cause).

Concert proceeds benefit Loudoun Free Clinic. A non-profit organization that is committed to providing healthcare services to Loudoun County residents.



Venue: St. Andrew Presbyterian Church
711 West Main Street, Purcellville, VA

www.standrew-pres.org

DAVID LANG'S PULITZER PRIZE-WINNING ORATORIO









A night of music, poetry, and art to help end chronic homelessness in DC. David Lang's the little match girl passion for four singers and percussion tells the story of a scorned little girl, abused by her own family, who tries to sell matches on New Year's Eve. She is ignored by passersby, and freezes to death. The piece won the 2008 Pulitzer Prize in musical composition.

match girl uses old elements—a classic tale by H.C. Andersen and a structure inspired by Bach's St. Matthew Passion—to create a modern narrative for those in our community who are most vulnerable to the cold. Its minimalist texture creates a haunting atmosphere, challenging listeners to examine our collective and individual responsibility in fighting homelessness.

Performed by Bridge, all proceeds benefit Miriam's Kitchen's work to end homelessness. Also featuring pieces from Poet Life and MK's Studio Art program. Refreshments to follow. \$20 suggested donation; tickets available on westernpresbyterian.org

Western Presbyterian Church 2401 Virginia Ave. NW, Washington, DC 20037 westernpresbyterian.org | 202-835-8383

JANUARY 28, 2020 OPEN SPACE

A Fishbowl Dialogue on "Eviscerating Racism" with the MCC Race and Reconciliation Team



From the October CoInspire Purpose Statement:

"In the Kingdom of God, our liberation is bound together with all others. We cannot live as one body in Christ as long as the sin of racism is commonplace in our communities, our institutions, and our lives. It's not enough for us to live in isolation in our churches, waiting for the storm to pass. To "conspire" is to "breathe with" another; as the church conspires to eviscerate racism, we must think about what it means to truly breathe with one another, even as we acknowledge that people of different races experience racism differently and have different roles to play in this work. We must "breathe together" as one community, lifting up our many differences and strengths while supporting each other through our trials and shortcomings. Taking in the breath of hope, resilience, love, and knowledge gives us the courage and strength for the uncomfortable work of destroying racism.

What do we need to do to transform our collective imaginations? We must not only discover and dismantle the racist ideologies that hold our imaginations captive, but indeed, eviscerate racism in our bodies, souls, the ground we share, and the air we breathe. We choose to work at the level of evisceration because we acknowledge how deeply racism is lodged in the very visceral nervous systems of ourselves and communities.

Through mind-blowing sermons, to deep dives into church and societal structures, to self-examination, participants were invited to see that "With God's help, we liberate our imagination to expansively conspire with our Creator for a church and world where racism is extinguished, where all of us can live in the abundance we were created to inhabit."

In the spirit of the Montreat CoInspire Conference and the declarations made from the Co-Inspire Purpose Statement in the excerpt above, members of the Mission Coordinating Committee's Race and Reconciliation Team, who attended the conference, were asked to commit to bringing some of our learnings back to our environment that will begin the whole Church thinking about what is needed to "eviscerate" racism in our families, our communities, our local congregations, the larger church, and ultimately our world. The MCC Race and Reconciliation Team would like to offer the following four questions in a fishbowl forum with people of color and whites and to ask them to share with and listen to one another's responses in this setting, using the following questions. We will end by asking each participant to commit to one task over the next 2 months, then returning to our fishbowl at our March Presbytery Open Space to share new insights.

All are welcomed!

The questions are:

- 1. What at this time seems to hinder your full liberation?
- 2. What do you need to help you fully open to 'the other's' experience?
- 3. What strengths to you bring from your cultural context that lend toward the evisceration of racism in your contexts.
- 4. What do you think we need to transform our collective imaginations.

Led by:

Elder Sandra Barrett, Garden Memorial Elder Les Henig, Northwood Elder Jochebed Jordan, Redeemer Elder Therese Taylor-Stinson, Liaison, MCC Race and Reconciliation Team

O P E N S P A C E

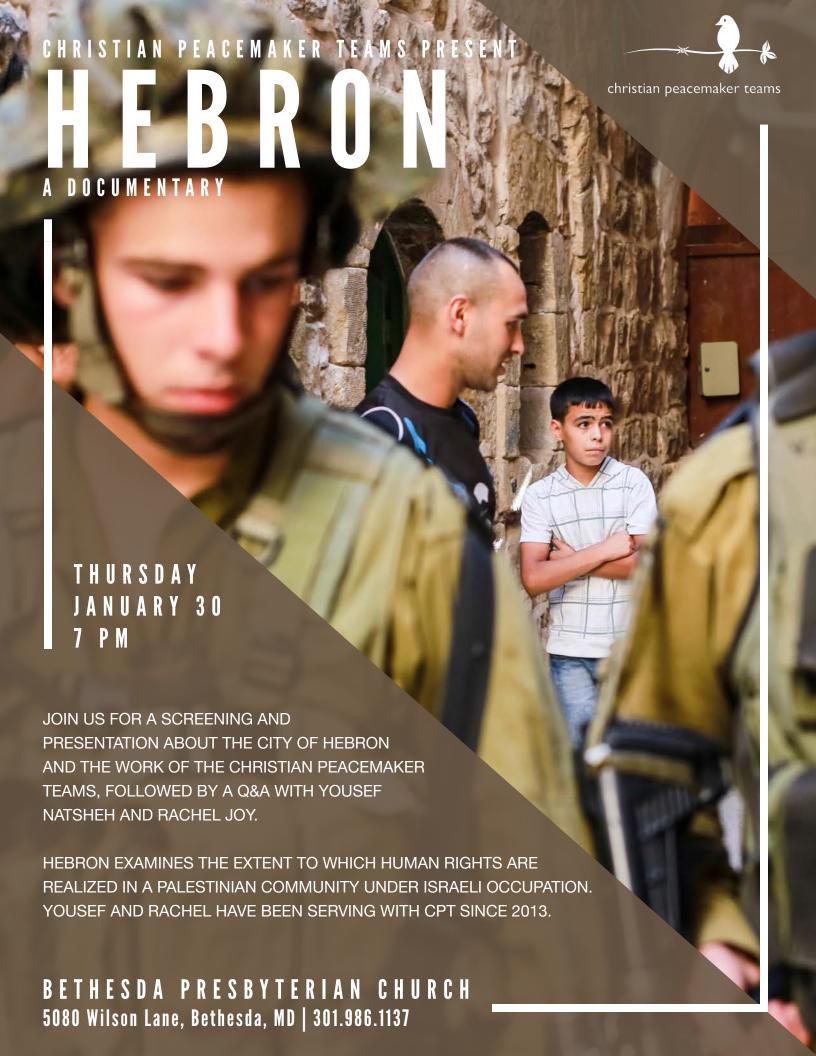
Leadership Embodiment for the Church

Drawing upon her experience in the secular Mindfulness world and studies in Yoga & Contemplation, Kirsten Melone will present on what it means to be a leader who is in tune with their mind, body and spirit.





Kirsten Melone is the Program Coordinator & Partner Lead at Mindful Leader, Inc. She spends her free time teaching yoga & meditation and is currently working through a two-year certification program in Spiritual Direction at the Shalem Institute of Washington, DC. Kirsten's mission is to be a holder of sacred space. As a lover of stories, art, and nature she also seeks to embody the wisdom of ancient contemplative practices in an over-stimulated world.



Annual Prayer Breakfast

Presbyterian Women National Capital Presbytery presbyterianwomenncp.org

WESTMINSTER PRESBYTERIAN CHURCH 2701 Cameron Mills Road Alexandria, VA 22302

Saturday, February 1, 2020 9:00 am to 12:30 pm

Prayer Journeys

Speakers:

Rev. Lucy Der-Garabedian Rev. Evangeline Taylor

In Memorial

Be prepared to name sisters called to Eternal Rest in 2019

Registration Fee is \$15.00 (\$5.00 for Students)

To help us plan for seating and refreshments, please register by January 25, 2020. You may register, in advance, by email to our treasurer, or by mail.

You may pay at the door or mail this form with your check to: June Eakin, Treasurer, 13221 Glenhill Road, Silver Spring, MD 20904 (301) 873-4794, june.eakin@mac.com

	I plan to attend the Prayer Breakfast on Saturday, February 1, 2020
Name	Phone_
Email	Church
	Please enclose registration fee

Call to Live in Divine Light

A Spiritual Meditation Workshop

2020 is a year to practice open hands and open hearts filled with Divine Grace, and the presence of the Holy Spirit. More now than ever before, we are Divinely called to witness the presence of God within ourselves and our prayerful, grace filled influence on the circumstances of our world. Gifts of the Holy Spirit such as the message of wisdom, knowledge, faith, and gifts of healing, miraculous powers will be experienced in our time together and personally thereafter.

We will experience ourselves as sacred space to be protected and cherished while in our daily activities. We will know the powerful presence of God personally while together and the blessings created from being in this state of grace, consciously.

It is my impression that prayers are cumulative, gathering a palatable field of grace around you over time that influences your inner thoughts, health, and quality of life experiences. An immediate and intimate connection with the Holy Spirit establishes personal strength and direction, fortifying you through difficult life experiences, and drawing towards you joyful moments. This connection deepens understanding of yourself in union with the Presence of God, influencing every other relationship that you have to be more than you could imagine. It is entering into and living in the Gifts of the Holy Spirit."

Lyndall Demere, Ph.D., Msc.D, is a Pastoral Counselor, Intuitive Spiritual Director, and Spiritual Healer. https://podcasts.apple.com/us/podcast/psychic-medium-lyndall-demere-talks-about-her-awakening/id1487339640?i=1000456337112

Join us for two public events with Lyndall Demere:

Evening Spiritual Meditation Session- Tuesday, February 4, 2020, 7:15-8:30 pm. Anyone is welcome to join us for a special session of Immanuel's Tuesday night, spiritual meditation group. Lyn will lead a guided meditation and answer questions following the experience. No need to register- fee is \$15- collected at the door. This is an ideal opportunity if you are curious about this way of feeling connected to God.

<u>Spiritual Meditation Workshop</u>- Saturday, February 8, 2020,10:00am-3:00pm, lunch provided. Lyn will lead two extended meditation sessions with ample time for discussion, sharing and questions. This seminar is for anyone who wishes to have a deeper experience of the presence of God. Must register in advance- your payment reserves your place.

Where: Immanuel Presbyterian Church, 1125 Savile Lane, McLean, VA 22101. Both events are in the Fellowship Hall at the rear of the sanctuary.

Cost: \$160. includes lunch with vegetarian options. Proceeds cover lunch and speaker's fees.

<u>To Register for Saturday Workshop:</u> Send check for \$160.00 payable to Immanuel Presbyterian Church, address above. Please write "Demere Workshop" on the memo line of your check and include the tear-off section below. <u>To ask Questions or Schedule a Private Session with Lyn, contact Sue Johnston. <u>sue.johnston@comcast.net</u></u>

Please cut here and include this section with your check. Registration required for Saturday only

Name	Phone Numbers
Email	Number of Tickets
Address_	



The Presbyterian Men and Women of Redeemer Present





The Norfolk State University Concert Choir

Under the Direction of Dr. Harlan Zackery, Jr. and Mr. Terry Butler

Saturday, February 15, 2020 – 3:00 P.M. Free Admission with a Freewill Offering

(Proceeds will benefit the Redeemer Scholarship Fund for graduating high school seniors)



Church of the Redeemer, Presbyterian (USA)

1423 Girard Street, N.E. Washington, D.C. 20017 202-832-0095

Further Info: Elder Carl V. Payne, II 301-949-8755 or 301-675-8447 Elder Kevin P. Moore 202-258-4857



Cincinnati, OH March 2-4, 2020

The twelve stones placed in the middle of the Jordan River served as a memorial to God's faithfulness. They witnessed to the trials and tribulations overcome by the people of God. The stones also testified to future generations that God, who made a way where there was no way, will once again lead us to redemption and transformation.

We are called to remember our forebears, the great distances they covered and the faith that carried them. Their memory inspires us and challenges us to move forward in our own faith journey. Their memory calls us to stay the course, to wade in the waters of life, to continue to struggle for the Kin-dom of God where justice, love, and peace flow freely. When we are willing to sacrifice the comfort of what we know for the gift of new life promised by God, we become living stones that witness and testify to God's provision, promise, and power that transform our hope into reality.

Please visit our website (https://nextchurch.net/gathering/location-hotel-information/) for more information, including how to make a hotel room reservation.

Let us meet by the river in Cincinnati for the 2020 NEXT Church National Gathering, to remember, pray, sing, and testify to God's power that transforms us and our work to reflect God's faithfulness.

Spiritual Formation Team of NCP is offering scholarships for the event! Click here to apply.

Church Assessment Tool (CAT) Training With Holy Cow Consulting

Join a team of interpreters equipping our congregations! Would you like to be trained as an interpreter of the Church Assessment Tool? Limited spaces are available for our next training session, Monday March 23 and Tuesday, March 24, 9 am - 3 pm, at National Presbyterian Church. This is open to anyone currently a member of congregations in NCP and minister members of NCP.

Holy Cow Consulting works to assist congregations and organizations determine where they are in order to help them get to where they need to be. Take a quick look here. Current Interpreters in our Presbytery share that this training and experience gives them a chance to see more of our presbytery and gain solid visions and bigger dreams of what they can do with their congregations and in their ministry. Living into visions and dreams is our opportunity in being Missional, Pastoral, and Prophetic.

If interested, email Tara Spuhler McCabe, tspuhlermccabe@thepresbytery.org with your responses to the questions below. No more than 200 words per question. *Due by February 18, 2020.* Applicants will be reviewed and informed by CDC leadership if they have been selected by February 20, 2020.

- 1. Why do you want to be an Interpreter in NCP?
- 2. What excites you about congregations and ministry these days?
- 3. What do you notice about yourself in facilitating group conversations?







Thursday 2:30 PM (continued)

Jamie Griffin, Jill Naar, & Students from Appalachian State University – Stepping Into Nutrition: Ways to Get Creative, Integrating Nutrition Education into Community Potlucks. Hear the exciting news about a pilot partnership featuring students and faculty from the Appalachian State Department of Health and Nutrition and congregations in Watauga County, North Carolina. Your church can model the biblical mandate by helping members and others to thrive – physically, mentally, and spiritually. This workshop will help your faith community to develop new skills and set goals for healthy eating. Leaders will share ideas for intergenerational engagement activities and recipe modifications for healthy and tasty potlucks, congregational meals, and more.

Walk Jones – An Active Spirituality. The practice of Presbyterian spirituality is often an active one: serving others, sharing our faith walking a labyrinth, contemplating nature, and much more. Walk Jones will share ways older adults can be actively spiritual. If weather permits we'll visit the wildlife sanctuary and labyrinth in Montreat.

Friday 8:30 AM

Beth Lindsay Templeton – The Sacred Year. Grief is the most sacred emotion when one is willing to walk through it. The Sacred Year workshop is based on Beth Templeton's book of the same name. Participants will resonate with the honesty of the experiences and feelings of the year following the unexpected death of Beth's husband.

Mary Porter and Lynn Bledsoe – Creating Dementia Friendly Congregations. This workshop will present a theology of care to support the development of dementia friendly congregations. We will identify spiritual gifts of dementia and explore tools available to create a supportive environment for persons with cognitive challenges and their caregivers. Participants will have the opportunity to contribute suggestions for our denomination to address the phenomenon of cognitive challenge in church, home, and community.

Robin Russell Gaiser – Musical Morphine: Transforming Pain One Note at a Time. From the earliest periods, people of faith have called on music in all circumstances. Through the compelling stories and live music of author and Certified Music Practitioner, Robin Gaiser, this interactive workshop awakens us to the miracle of therapeutic music. Discover the positive impact of music on the critically and chronically ill, the dying, senior adults, the anxious, the melancholy, and others. Participants will be inspired to consider new ways music can be utilized in the pastoral ministries of their congregations and faith communities.

This conference is for you if:

- you work with older adults in your congregation (lay or clergy);
- you want to build relationships across generations;
- you seek to thrive after 55 in body, mind, and spirit;
- you seek the latest on current issues of aging and the church;
- you are a retired church professional.

Register at www.montreat.org/POAMN or call 828.419.9815

Get an Early Bird special until March 1, 2020



Presbyterian Older Adult Ministries Network

April 30-May 1, 2020 Montreat Conference Center

401 Assembly Dr, Montreat, NC 28757

Stronger Together: Faith in Action Across Generations

A regional, day and a half conference sponsored by POAMN

Tim Eunice remind prophesy lived daughters lived daughters lived dreams Arise firstreminded dismayed courageous gift sincere sons Fear rekindle work men within sure Chr mother visions Lord God

Register online at <u>www.montreat.org/POAMN</u> or call 828.419.9815

Early Bird special until March 1, 2020

Schedule at a Glance

Wednesday, April 29, 2020

Check in after 3 p.m. 5:30 p.m. Dinner

8:00-9:00 p.m. Meet & Greet

Thursday, April 30, 2020

7:30 a.m. Breakfast 8:30 a.m. Registration 9:45-10:15 a.m. Worship 10:15-10:45 a.m. Greetings from Co Moderator

11:00 a.m. Keynote Presentation 12:00 p.m. Lunch

1:00-2:15 p.m. Workshops 2:30-3:45 p.m. Workshops

4:00-4:45 p.m Q&A with Leadership

5:30-6:30 p.m. Dinner

7:15 p.m. Entertainment

Friday, May 1, 2020

7:30 a.m. Breakfast 8:30-9:30 a.m. Workshops Worship Experience 9:45-10:45 a.m. **Explore Montreat** 11:00 a.m.



Rev. Jon Brown, Worship Leader



Rev. Cindy Kohlmann, Co-Moderator 223rd GA



Rev. Eileen Lindner, Keynoter

Early Bird (before March 1, 2020): or Retired Educators. Ministers and Spouses all-inclusive registration, private room, 2 nights

Carla Karst, Thursday Entertainment

Pricing

- with 6 meals = \$285. 1 night with 3 meals = \$167.50.
- Regular (March 1, 2020 or after) all-inclusive registration, private room, 2 nights with 6 meals = \$310. 1 night with 3 meals = \$192.50.
- Early Bird Commuter Fee (before March 1) 2 days with lunch each day = \$72.
- Regular Commuter Fee (March 1 or after) 2 days with lunch each day = \$97.
- Early Bird (before March 1) Thursday only, includes lunch = \$61.
- Regular (March 1 or after) Thursday only, includes lunch = \$86
- 2-bedroom suites also available, contact Montreat for pricing.

Workshops

Thursday 1:00 PM

Jan McGilliard - Beginning and Building an Older Adult Ministry in 2020. Discover new tools, proven methods, and sound ideas to confidently build an older adult ministry in your faith community. Whether you are just starting out or looking for some new strategies to enhance your ministry, this workshop will cover the basics and the how- to's. Learn from one of the most knowledgeable and experienced leaders in older adult ministry.

Haley Tate, Masters of Nutrition Student, Appalachian State University --Tips and Program Ideas for Healthy Eating and Community Engagement in Your Congregation. Learn specific methods and steps which you can adapt in your own congregation and home to promote healthy nutrition and eating practices. This workshop will include ideas and easy-to-do tips to include more "healthy" foods and beverages in our diets. Individuals and churches of every size can become nutrition champions for older adults, young families, individuals, and local communities.

Beth Lindsay Templeton - Based on the workshop leader's book, Uncharted Journey: On the Challenges of Getting Older and Other Life Transitions, this interactive workshop will help participants consider the steps of loss, letting go, and growth involved in any transition . . . large or small.

Mary Porter and Lynn Bledsoe -- A Taste of Sage-ing. This experiential workshop will introduce the core concepts of Sage-ing—conscious aging from a spiritual perspective, as developed by Rabbi Zalman Schacter-Shalomi, in his book, From Aging to Sage-ing: A Profound New Vision of Growing Older. Participants will be invited to engage in reflection (individually and communally) and practices of deepening spirituality. Mary Porter and Lynn Bledsoe are Certified Sage-ing Leaders and have many years of experience leading older adult ministries.

Thursday 2:30 PM

Mary Porter: Legacy Letters: The Last Word In his book Creating a Spiritual Legacy, Daniel Taylor sounds the call for us in this workshop: Your legacy is the fragrance of your life that remains when you yourself are not present. It is what your life is or has been good for in a very concrete sense...and can be conveyed to others. This workshop will give

participants a non-legal vehicle for making a bequest - letters to accompany or

precede the Will and Advance Directives.

Robin Russell Gaiser - Musical Morphine: Transforming Pain One Note at a Time. From the earliest periods, people of faith have called on music in all circumstances. Through the compelling stories and live music of author and Certified Music Practitioner, Robin Gaiser, this interactive workshop awakens us to the miracle of therapeutic music. Discover the positive impact of music on the critically and chronically ill, the dying, senior adults, the anxious, the melancholy, and others. Participants will be inspired to consider new ways music can be utilized in the pastoral ministries of their congregations and faith communities.