



HEALTHY CONGREGATIONS

This workshop will help you . . .

- Learn how you as a leader can influence the health of your congregation – how to detect and avoid unhealthy patterns of living together in community.
- Learn how to keep anxiety from becoming infectious.
- Gain confidence in responding to challenges and opportunities.
- Learn how to put limits on invasive behavior, manage reactivity, and overcome sabotage.
- Discover how leaders can function as the congregation's immune system.
- Learn to focus on strengths, resources, options, and the future.
- Based on the insights of family systems theory developed by Dr. Peter Steinke & Dr. Edwin Friedman

Registration Details:

Cost: \$75/person (\$60 for each additional person from the same congregation.)
Registration fees will increase by \$20 on October 17, 2019.

OCTOBER 25-26, 2019

Friday: 6:30 p.m. to 9:30 p.m.

Saturday: 8:30 a.m. to 4:30 p.m.

Light Dinner, Breakfast & Lunch included

Saint Mark Presbyterian Church

10701 Old Georgetown Road

North Bethesda, MD 20852

Sponsored by

NCP Ministry Relations Team

Led by Richard Blackburn, Executive Director
of the Lombard Mennonite Peace Center

Who Will Benefit...

- Pastors and other church staff, lay leaders, all congregation members.
- Anyone interested in enhancing their capacity to manage self in a non-anxious and responsible way, whether in the church, the home, the workplace, or the community

[CLICK HERE TO REGISTER TODAY!](#)

Contact Rev. Juli Wilson-Black at 703.931.7344 if you are unable to register online.