

National Capital Presbytery  
Healthy Boundaries Training

**AGENDA/CURRICULUM**

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**Presentation**

*A Sacred Trust: Boundary Issues for Clergy and Spiritual Teachers*  
*Rev. Leslianne Braunstein, Rev. Stephany Crosby*

Introductions

Guidelines for Sharing

Brief self-introductions of participants

    Name, Church, previous training

Theological Reflection: Job 38:1-41

Review of National Capital Presbytery Sexual Misconduct Policy

    Definition of Sexual Misconduct

Topics:

    Power

    Definition of Sexual Abuse and its consequences

    Focus of Training

    Extent of problem

    Examples from National Capital Presbytery

    Key Themes:

        Ministry as a profession

        What constitutes misconduct in the ministerial relationship

        Power and vulnerability

        Maintaining Boundaries

        Minimizing risk through self-care

    Ethical Analysis

    Imbalance of Power

    Boundaries, Power and Vulnerability – Video – Part 1

        Understanding our Sacred Trust

        Reflection/Discussion

    Theological Reflection: 2 Samuel 11

    Relationships -- Video – Part 2

        Dating

        Friendship

        Dual Relationships

        Gifts

Pulpit, Transference, Hugging and Touch, Intimacy – Video Part 3

Power of the Pulpit

Transference

Issues of Touch

Intimacy

Personal Needs and Self-Care – Video Part 4

Self Care Inventory

Importance of Self-knowledge

Self Care as a spiritual discipline

Red Flags

Theological Reflection – Mark 4:35-41

Guidelines for Preserving Boundaries

Resources

Final Reflection