National Capital Presbytery
Healthy Boundaries Training

AGENDA/CURRICULUM

Presentation
*A Sacred Trust: Boundary Issues for Clergy and Spiritual Teachers*
*Rev. Leslianne Braunstein, Rev. Stephany Crosby*

Introductions
Guidelines for Sharing
Brief self-introductions of participants
  Name, Church, previous training
Theological Reflection: Job 38:1-41
Review of National Capital Presbytery Sexual Misconduct Policy
  Definition of Sexual Misconduct

Topics:
  Power
  Definition of Sexual Abuse and its consequences
  Focus of Training
  Extent of problem
  Examples from National Capital Presbytery
Key Themes:
  Ministry as a profession
  What constitutes misconduct in the ministerial relationship
  Power and vulnerability
  Maintaining Boundaries
  Minimizing risk through self-care
Ethical Analysis
Imbalance of Power
Boundaries, Power and Vulnerability – Video – Part 1
  Understanding our Sacred Trust
Reflection/Discussion

Theological Reflection: 2 Samuel 11
Relationships -- Video – Part 2
  Dating
  Friendship
  Dual Relationships
  Gifts
Pulpit, Transference, Hugging and Touch, Intimacy – Video Part 3
Power of the Pulpit
Transference
Issues of Touch
Intimacy

Personal Needs and Self-Care – Video Part 4
Self Care Inventory
Importance of Self-knowledge
Self Care as a spiritual discipline
Red Flags

Theological Reflection – Mark 4:35-41
Guidelines for Preserving Boundaries
Resources
Final Reflection